

A photograph of a woman with dark hair, wearing a white t-shirt, sitting on the floor and reading a large book to a group of children. The children are sitting around her, looking at the book. In the background, there are wooden bookshelves filled with various magazines and books. A woman is sitting on a blue armchair in the background, holding a baby. A potted plant with red flowers is on a small table next to the bookshelves. A rainbow-colored banner is draped across the top of the image.

the recreator

FEBRUARY 2011

ONCE UPON A LIBRARY



onCamera

YOU. IN A FLASH.



upcoming events

It's never too early to start planning. Here are some upcoming events and opportunities...

MAR 1

Spring Break Camps

See our ad on page 11 to learn about school-age care options during the break.

MAR 15

Newcomers Luncheon

Did you PCS to Hawaii within the last five months? If so, this luncheon is the event for you! Log on to www.greatlifehawaii.com to register.

MAR 24

Poker Tournament with Scotty Nguyen

Seven active duty service members will compete against poker pro Scotty Nguyen. A preliminary tournament will be held March 18 at the Enlisted Club to determine the lucky seven.

▲ **Cover:** New library employee, Kiara Silver, entertains children with a fascinating story during Story Time at the Hickam Library.

◀ **onCamera:** More than 100 active duty sailors, airmen and their family members attend the monthly MWR Newcomers Luncheon where they are treated to a great meal, win fabulous prizes and learn about how MWR can help them with their transition.

THE RECREATOR. FEBRUARY 2011. The Recreator is a publication of Navy Region Hawaii's Fleet & Family Readiness program and is produced by FFR's marketing department. To subscribe (or unsubscribe) to this FREE publication, e-mail your name and address to info@greatlifehawaii.com or write to:

The Recreator
Fleet & Family Readiness/Marketing
850 Ticonderoga St., Suite 300
Pearl Harbor, HI 96860

Marketing Director..... Jeffrey Harris
Editor..... Beth Hundley
Art Director..... Jared Nakayama
Staff Writers..... Andrea Bekurs
Melissa Heintz
Graphic Designers..... Tanya Dlabaj
Ryan Graham
Reen Haitzuka
Reid Kagemoto
Lisa Roman
Maria H. Sittré-Fujii
Marketing Assistants..... Sheri Cavalieri
Teddi Gouveia
Deborah Ikehara

No federal government agency officially endorses any sponsor or its products or services mentioned in this issue.



FEB 2011

THE RECREATOR

18

Once Upon a Library

It's more than books!

26

Love and Money

Let WFS help strengthen your relationship

programs&activities

5 MWR COMMUNITY ACTIVITIES

Arts & Crafts
Information, Tickets & Travel
Library

9 MWR CHILD-YOUTH ACTIVITIES

Child Development Centers
Child Development Homes
Makai Recreation Center
School-Age Care
Teen Center
Youth Sports
Youth Fitness

13 MWR FOOD & BEVERAGE ACTIVITIES

Club Pearl Complex
Tradewinds Enlisted Club
Officers' Club
Restaurant Guide

23 MWR OUTDOOR ACTIVITIES

Aquatics
Auto Skills Centers
Marinas
Outdoor Recreation

29 MWR RECREATION ACTIVITIES

Athletics
Bowling
Fitness
Golf
Liberty
Sharkey Theater

33 WARFIGHTER & FAMILY SERVICES

34 PHONE DIRECTORY

CLUB MEMBERSHIP BENEFITS



Join now and receive great coupons!

Start saving today! Stop by your respective club and pick up your coupon sheet. Officers' Club and Wright Brothers are located at Hickam Bldg. 900/901 Worthington Ave. (448-4608). Enlisted Club and J.R. Rockers are located at Hickam Bldg. 1804 McClellan St. (448-2271).

Club Membership Benefits

Members First discount
(\$1 off for lunch and \$2 off for dinner and special functions)

Monthly discount coupons
throughout MWR facilities
(over \$100 in value)

Check cashing at the clubs

Members-only programs

Reciprocal privileges worldwide

And more...

M\$P

E-1 to E-4 Money \$aving Program

Start \$aving Today!

Join now and pay only \$4 per month while also receiving great additional discounts:

- \$2 off Wright Brothers Café & Grille breakfast entrée
- \$4 off Enlisted Club lunch buffet
- \$2 off J.R. Rockers lunch (entrée salads, sandwiches, wraps, burgers and wings)
- **FREE** fountain soft drinks with purchase
- \$4 off Sunday Brunch at the Officers' Club (open to all ranks)
- \$4 off J.R. Rockers dinner entrées (Main Events menu)

The first time you use your club card, membership could pay for itself!

This program is open to all E-1 to E-4 military personnel. For more information, call 448-2271 or log on to www.greatlifeohawaii.com.



IN THIS SECTION...

- ▶ **ARTS & CRAFTS**
- ▶ **INFORMATION, TICKETS & TRAVEL**
- ▶ **LIBRARY**

Check out the latest best seller, surf the Internet, or bring your kids to Story Time when you visit the library.

▶ ARTS & CRAFTS

Hickam Bldg. 1889 448-9907

CLASSES

The Arts & Crafts Center offers different classes throughout the year. Sign up at the Sales Store prior to the start date of each class.

Introduction to Cake Decorating

Saturdays, Feb. 12–Mar. 12

9:30–11:30 a.m.

Ages 12 and older

\$25 (plus cost of supplies)

In this class you will learn the fundamentals, such as flowers, writing and cake preparation, to help you make beautiful cakes.

Introduction to Earrings

Monday, Feb. 7, 9:30–11 a.m.

Saturday, Feb. 19, 1–2:30 p.m.

Ages 15 and older

\$25 (plus cost of supplies)

Learn to enhance your wardrobe and save money by making simple, stylish earrings.

Introduction to Beading

Saturday, Feb. 5, 1–2:30 p.m.

Monday, Feb. 28, 9:30–11 a.m.

Ages 15 and older

\$25 (plus cost of supplies)

Learn the basics of jewelry making by using colorful beads to craft a unique bracelet and necklace that all your friends will be talking about.

Knitting

Wednesday, Feb. 9

6–8 p.m.

Ages 10 and older

\$25 (plus cost of supplies)

This class will focus on using different yarns and simple stitches to create interest in your project. Knitters of all levels are welcome.

Adult Oil Painting

Tuesdays, Feb. 15–Mar. 15

Times TBA

Ages 16 and older

\$50 (plus cost of supplies)

Learn the basic methods of oil painting. Students will paint still lifes, Hawaiian landscapes, seascapes and tropical flowers. Beginners welcome. Ages 18 and younger must be accompanied by an adult.

Hawaiian Quilted Pillow

Tuesdays, Feb. 8–Mar. 15

9–11 a.m. or 7–9 p.m.

Ages 16 and older

\$30 (supplies included)

Create a beautiful, hand-appliquéd Hawaiian quilted pillow for you or someone else. Learn basic folding, cutting, basting, needle-turn appliqué and hand-quilting techniques.

Beginning Sewing

Tuesday, Feb. 8

6–8 p.m.

Ages 10 and older

\$30 (plus cost of supplies)

Learn the basics of sewing while making useful

items for yourself and your home. Ages 16 and younger must be accompanied by an adult.

Beginning Weaving

Wednesday, Feb. 2

6–8 p.m.

Ages 14 and older

\$60 (plus cost of supplies)

Learn the rewarding art of weaving. Assemble a loom and complete a project. Beginners welcome.

EVERY MONTH

Technique Tuesdays

Every Tuesday

10 a.m.–Noon

Ages 15 and older

\$10

Learn a variety of paper crafting techniques for scrapbooking and card making. Join us for a hands-on session that will help you create memorable projects for years to come. Call 448-9907 x103 for advance registration (required).

Wood Safety Classes

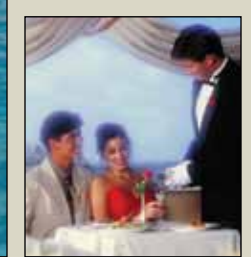
Every Saturday

8:30–11:30 a.m.

Ages 12 and older

\$15 (supplies included)

This class emphasizes the proper and safe use of tools and equipment in the Wood Hobby Shop. Upon completion, participants will be issued a safety certification card enabling them to use the shop tools and equipment. Ages 12–15 must be accompanied by an adult. This is a drop-in class. Attendees must arrive 15 minutes prior to sign in.



information, tickets & travel: experience wonder, adventure and romance with paradise cruises

February means two very different things in Hawaii: whale watching season and Valentine's Day. These two events may be dissimilar, but they do share one thing in common. Both are available through one of the longest lasting cruise companies in Hawaii.

Celebrating over 50 years of entertaining in Hawaii, Paradise Cruises offers a variety of activities, with whale watching one of the most popular seasonal events. Their award-winning Star of Honolulu tour vessel takes customers on an eye-opening voyage beyond Diamond Head with the best seats at sea. A 60-foot-high observation deck and four walk-around decks give those aboard the best opportunity to view whales. Three stabilizers provide a smooth ride, plus the Star of Honolulu is Hawaii's only ADA-compliant ship.

An abundance of whale activities on board help to complete the whale experience. Trained naturalists inform and entertain with narration, a photo gallery, video presentations and more. Plus, if the ship's whale spotter doesn't see a whale during the tour, customers get a "whale check" allowing them to enjoy another whale watch cruise. All of this takes approximately two and a half hours,

and the Star offers an early-bird outing (leaving at 8:45 a.m.) and an afternoon cruise (leaving at noon) with lunch options.

Paradise Cruises has another option for a different type of adventure. Their other ship, the Hoku Nai'a, takes those aboard the Oahu's west side to take part in a dolphin watch to see these friendly, playful creatures as they swim along the boat and frolic in the cool ocean blue. A snorkel adventure is also available, where patrons can swim and witness a variety of ocean life beneath the surface.

Here's a bonus hint few know—while there is no guarantee, those who have gone on the dolphin watch have reported seeing whales at this time of the year.

But Paradise Cruises isn't only about afternoon cruises searching for ocean life. The Star of Honolulu is most popular for its sunset dinner cruises. With six different dining rooms on board, the Star of Honolulu presents the perfect dining experience while at sea.

If it's a fun tropical evening you want, the Pacific Star Sunset Buffet fits the bill. A casual atmosphere, roast beef buffet and Polynesian show fill the evening with an at-home feel.

Other dining experiences range from the casual elegance of the Star Sunset Dinner with crab and steak, up to the Three Star, which offers a five-course meal including lobster.

The finest however, is the Five-Star Sunset Dining experience, the ultimate in luxury and romance. The pampering begins with a captain's welcome reception. Next you are seated at a private table, as a seven-course French-style dinner is served, along with super premium beverages and live jazz entertainment. An evening like this is perfectly suited to celebrate Valentine's Day.

Fortunately, the Star of Honolulu is offering two exquisite packages for Valentine's Day. Both offer the same sumptuous menu. The Five-Star Valentine's Dinner seats you in the Super Nova Room while the Romance package has you seated in the Private Lounge. A dress code is required for these packages, but why wouldn't you dress up for a romantic evening at sea with your significant other?

Topping it off, all packages and tours in this article are available at a discount at your nearest MWR Information Tickets & Travel office! ■

INFORMATION, TICKETS & TRAVEL

| | |
|---------------------|----------|
| Barbers Point | 682-2019 |
| Fleet Store | 473-0792 |
| Hickam | 448-2295 |
| Kunia | 630-3080 |
| NEX Mall | 422-2757 |

HOT MILITARY SPECIALS:

Whale watching season is in full swing. Whether you prefer to sail on the south shore, west side or elsewhere, ITT has a variety of tours available. You'll be able to catch a glimpse of giant humpback whales. Their migration can only be witnessed for a few months out of the year, so book your tour today! Call an ITT office for more information on various packages available, such as these listed below:

Early Bird Whale Watch Cruise

8:45–10:45 a.m.

\$24.25 for adults

\$14.50 for children ages 3–11

(Buy an adult ticket and receive a FREE children's ticket)

Premier Whale Watch Cruise with Lunch

Noon–2:30 p.m.

\$48 for adults

\$29 for children

(Buy an adult ticket and receive a children's ticket for \$8.10)

Premier Whale Watch Cruise without Lunch

Noon–2:30 p.m.

\$35 for adults

\$21 for children ages 3–11

(Buy an adult ticket and receive a FREE children's ticket)

Atlantis Whale Watch Cruise with Breakfast

8:30–10:30 a.m.

\$43 for adults

\$21 for children ages 2–12

Atlantis Whale Watch Cruise with Lunch

Noon–2:30 p.m.

\$60 for adults

\$30 for children ages 2–12

Maui: Spirit of Lahaina

Whale Watch Eco Adventure

8:30 a.m., 11 a.m. or 1:45 p.m.

\$31.50 for adults

\$19 for children ages 3–11

(Buy an adult ticket and receive a FREE children's ticket. Transportation to Maui not included.)

LOCAL TOURS

Whales & Fireworks Sunset Cruise

Fridays

Feb. 4, 11, 18 and 25

4:30 p.m. departure from Hickam

\$55 for adults

\$35 for children ages 4–12

Set sail aboard the Makani Catamaran in search of giant humpback whales and enjoy drinks and appetizers. See a beautiful sunset before the start of Friday night fireworks. Package includes round-trip transportation from Hickam ITT office.

Ko Olina Whale Watch Cruise

Feb. 5, 12, 19, 21 and 26

11:15 a.m. departure from Hickam

\$35 for adults

\$30 for children ages 5–11

Take a mid-day cruise on the beautiful west side of Oahu in search of humpback whales. Children ages 4 and under not allowed.

ESCORTED INTERNATIONAL TOURS

These tours include round-trip airfare from Honolulu, ground transfers and a local tour guide. Attractions and prices subject to change without notice.

Discover Vietnam

Mar. 7–21

Prices from \$3,695 per person, based dbl occ.

Central Japan

Apr. 11–18

Prices from \$2,669 per person, based dbl occ.

Hokkaido Cherry Blossom

May 10–17

Prices from \$2,599 per person, based dbl occ.

China ... The Great Wall

May 14–27

Prices from \$3,695 per person, based dbl occ.

Summer Break ... Family Fun in Tokyo

May 30–June 5

Prices from \$2,399 per person, based dbl occ.

Hong Kong

Nov. 28–Dec. 6

Prices from \$1,995 per person, based on dbl. occ.

LIBRARY

Hickam Bldg. 595 449-8299

Check out the latest best seller, surf the Internet, or bring your kids to Story Time when you visit the library. If you need someone to read to your child, your friends at the Library can help. Just call dial-a-story at 449-8297. Our stories are updated weekly.

Chinese New Year

Thursday, Feb. 3

It's the year of the rabbit! Grab a FREE goody bag while they last.

Preschool Story Time

Wednesday, Feb. 9 and 23

9–10 a.m.

FREE

We will host two story times for children this month. On Feb. 9 the theme will be "Valentine's Day," and on Feb. 23 the theme will be "Monster Fun." Head out to the library and read with us.

Interested in woodworking?

Learn the proper and safe use of equipment in our

WOOD SAFETY CLASSES

SATURDAYS
8:30 – 11:30 a.m.

\$15

No preregistration necessary but please arrive at least 15 minutes prior to class to register.

Class starts promptly at 8:30 a.m.; latecomers will not be admitted.

Class is open to ages 12 and older, but youth ages 12–15 must be accompanied by a parent or guardian.

Your safety is of primary importance, so this class is required before any patron can use the MWR Wood Hobby Shop at the Arts & Crafts Center or register for any woodworking class.

Note: Upon completion of the class, patrons are issued a safety certification card, which is valid for two years. If you possess an expired card or one from another base, the class is still required but the fee will be waived. If you have an unexpired card but have not used the shop in several months, please talk to the staff about a free safety refresher.



GOT TALENT?

Register now to strut your stuff at the **Family & Teen Talent Show** **Makai Recreation Center**

Friday, February 25 | 6:30 p.m.

Opportunities available for solos, group performances and families. Winners from eight different categories will show off their skills at various base-wide special events throughout the year.

FREE ADMISSION

for all who want to watch or participate.

To participate, register at the Makai Recreation Center by Feb. 22.

CALL 449-3354 FOR MORE INFORMATION.





IN THIS SECTION...

- ▶ **CHILD DEVELOPMENT CENTERS**
- ▶ **CHILD DEVELOPMENT HOME PROGRAMS (FAMILY CHILD CARE)**
- ▶ **SCHOOL-AGE CARE**
- ▶ **MAKAI RECREATION CENTER**
- ▶ **TEEN CENTER**
- ▶ **YOUTH SPORTS**
- ▶ **YOUTH FITNESS**

Youth Fitness is about quality time with you and your child. Youth and keiki can tumble, play, explore their mobility and learn agility skills.

▶ CHILD DEVELOPMENT CENTERS

Bougainville, Bldg. 369 (off base)
Hickam Harbor, Bldg. 623
Hickam Main, Bldg. 1597
Hickam West, Bldg. 1654
Kids Cove (off base) Bldg. 204
Naval Station Bldg. 1655
Rainbow Hale, Bldg. 2266 (off base)
Wahiawa, Bldg. 416 (off base)

RESOURCES & REFERRALS

Need child care for your infant, toddler or school-age child? Several centers are available on Pearl Harbor-Hickam and in the military housing communities. **Call the Kids Line at 449-8233 or 449-8234** about availability and cost.

▶ CHILD DEVELOPMENT HOMES PROGRAM (FAMILY CHILD CARE)

Hickam Bldg. 1073 449-0138

Looking for someone to care for your child? Are you interested in starting a new career or just want to make some extra cash? The CDH office links parents with providers in military neighborhoods. Call today for information on placing a child or becoming a provider.

▶ SCHOOL-AGE CARE

Catlin Clubhouse, 4655 Catlin Dr. . . . 421-1556
Hickam Bldg. 1335A 448-4396

Working parents understand the need for a safe, nurturing after-school environment for their children. Let MWR help put your mind at ease. Call our School-Age Care offices for details.

▶ MAKAI RECREATION CENTER

Hickam Bldg. 1859 449-3354

EVENTS

Family & Teen Talent Show

Friday, Feb. 25

6:30 p.m.

MRC Ballroom

FREE

The MRC is hosting its annual talent show. There will be eight categories this year. Winners from each category will be offered performance times at various base-wide special events throughout the year. Those interested in performing should stop by the MRC to fill out a registration form. Registration deadline is Feb. 22.

Private Party Room Reservations

The MRC is available to rent out for your next special event. The Maui Gardens Room can

accommodate 40 people for a smaller party while the main ballroom can accommodate up to 150 people for larger functions. Reservations are made up to three months in advance and full payment is required for each reservation. Room rates are hourly, and a \$50 utilization fee applies to each event.

WEEKLY CLASSES

The MRC offers the following ongoing weekly classes. New students may start any time of the month, pending class size and availability.

Hula

Mondays

3–3:45 p.m. (Keiki beginner, ages 5 and older)

3:45–4:30 (Keiki advanced, ages 7 and older)

Ages 5 and older

\$35 per month

Learn classic hula dances with a chance to perform at various events.

Okinawan Kempo Karate

Mondays and Wednesdays

5–6 p.m.

Children ages 5 and older

\$40 per month

Focuses on self-discipline and development.

Tae Kwon Do

Tuesdays and Thursdays

6–7 p.m.

Children ages 5 and older

\$40 per month

Focuses on a combination of combat techniques, self-defense, exercise and philosophy.

MAKAI RECREATION CENTER CONT.

Jeet Kune Do

Fridays

5:30–7 p.m.

Ages 16 and older

\$20 per month

Focuses on a combination of mixed martial arts that include kicking, punching, trapping and grappling.

Adult Ballroom Dance

Fridays

6–7 p.m.

\$40 per month

Learn various types of dances including swing, tango, salsa and the waltz. Partners are not necessary, and all skill levels are welcomed.

Woman's Self Defense

Saturdays

1–2:30 p.m.

Ages 16 and older

\$40 per month

Classes will teach women about the nature and prevalence of violent behaviors and what to do when situations arise.

Street Smart Hawaii Driver's Education

Saturdays

This is a State of Hawaii-certified driver's education course. Call the MRC for the next available session.

Piano Lady School of Music

Classes are designed for children and include piano, guitar, flute, cello, clarinet, French horn, recorder, saxophone, trombone, trumpet, tuba, ukulele, viola, violin and voice training. Call 926-0250 for class dates and enrollment.

Shimmy Fitness

Classes emphasize basic technique and form while incorporating a great core workout. Visit www.Shimmy-Fitness.com for enrollment information and upcoming classes.

S.T.A.R.S. on Stage

Theatre classes will help students learn about theatre production, stage presence and set building, and then put on an original production. Visit www.STARS-info.com for more information.

Dance Movement Academy

Students will learn dance basics and fundamentals in ballet, tap and jazz. Pre-teens will focus on fitness and fun with tap, jazz and lyrical ballet classes. E-mail the administrator for class openings and prices at Diana-Honeker@hawaii.rr.com.

TEEN CENTER

Hickam Bldg. 1335B 448-2296

EVENTS

Pre-Teen Valentine's Dance

Saturday, Feb. 12

6–9 p.m.

Teen Center

Ages 10–14

\$5

Romance is in the air at the Teen Center. Join us for a night of dancing, contests, prizes and Valentine's chocolates.

Makapuu Adventure for Teens

Saturday, Feb. 26

9 a.m.–3 p.m.

Ages 13–18

\$5

Hike up to the Makapuu Lighthouse and watch

the whales from the lookout. Journey through tide pools while looking for sea creatures, relax on the beach.

CLUBS

Art Club

Ages 10–18

Young artists will learn about the different artistic techniques in fine arts that are out there. Examples of these techniques include watercolor, acrylic and pastel drawings. Artworks may be entered in the Boys & Girls Club of America (BCGA) Fine Arts and 4-H contests. Call the Teen Center for more information and meeting times.

Chef's Club

Ages 10–18

Knowledge is power and we want our youth to know how to eat healthy. In this club, youth will learn to be young chefs and serve up healthy meals. They will be taught the nutritional value of vegetables, fruits, nuts and meats and start eating healthy. Call the Teen Center for more information.

Club LIFE

Ages 10–18

Based on the board game "Life," this club provides hands-on experience to life and teaches participants to live life to the fullest through four key areas: live it, love it, learn it and earn it. Youth will take excursions to meet new people, learn different lifestyles, experience new foods, hike ancient trails and learn about native plants and birds. Learn to be adventurous and have fun, help improve our environment, feel good about volunteering, and earn respect by becoming active in your community.

NEW! Dance Club

Ages 10–18

Learn the latest dance moves and hip hop into the Teen Center to get active and move your body. We will provide a variety of dance activities once a week. Call the Teen Center for meeting times and location.

Digital Arts Club

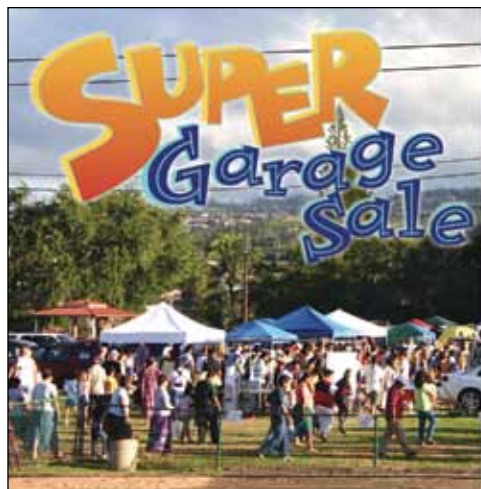
Ages 10–18

Club members will participate in graphic design, movie making, digital music and photo illustration projects, which may be entered in the BCGA Digital Arts Festival. Call the Teen Center for more information and meeting times.

Keystone Club

Ages 13–18

This club is for teens who want to maximize their potential as future leaders and receive recognition from national, community and private organizations. Teens have the opportunity to perform service to club and community while experiencing personal development, education, career exploration, unity and social recreation. Call the Teen Center for more information and meeting times.



February 19, 2011
RICHARDSON FIELD

8 am – Noon • Open to the public
Free admission!

Turn your clutter into cash and make it someone else's treasure. Every quarter, MWR hosts a Super Garage Sale on Richardson Field.

All military affiliates are eligible to reserve a 10'x10' space, price ranges from \$10 - \$15 for garage sellers and \$20 - \$25 for businesses.

Next garage sale date: May 14, 2011



For more information or to register, visit www.greatlifeohawaii.com.

Music Club

Check out our music room! We have electric and acoustic guitars, ukuleles, electric pianos, a drum set and many more. Listen to a variety of music, from the classics and hip hop to country and jazz. Call the Teen Center for more information and meeting times.

Photography Club**Ages 10–18**

This club teaches the basics in learning to use cameras and taking quality photos. Participants may enter the BGCA and 4-H photo contests. Call the Teen Center for more information and meeting times.

Power Hour**Mondays, 2:30–3:30 p.m.****Tuesdays, 2:30–3:30 p.m.****Wednesdays, 1–2 p.m.****Thursdays, 2:30–3:30 p.m.**

This is an educational enhancement program consisting of educational enrichment activities, homework and tutoring. It is designed to support and assist our members, schools and families in their job of educating.

Torch Club**Ages 10–13**

Torch Clubs are chartered small group leadership and service clubs for boys and girls. Members learn to elect officers and work together to plan and implement activities in four areas: service to club and community; education; health and fitness; and social recreation. Call the Teen Center for more information and meeting times.

Y.E.S. (Youth Employment Skills)

Y.E.S. is an on-base youth volunteer program designed for high school-aged dependents of active-duty Air Force members, providing students an opportunity to learn valuable skills. Students accumulate volunteer hours during their four years of high school and can earn up to \$1,000 toward future vocational, technical or academic endeavors. Application forms are available at the Teen Center.

US Track & Field**Jan. 17–Mar. 4****\$35**

Meet season runs June–August.

Spring NFL Flag Football**Jan. 24–Feb. 25****\$65**

Season runs March–June.

Register online at www.greatlifehawaii.com for all programs.

YOUTH FITNESS

Hickam Bldg. 1399 448-4492

MWR can help children of all ages learn the fundamentals of fitness with our year-round program. We have a fitness program just for kids, where they can work out, learn to tumble or have a birthday party. If you're looking for a fun place for your child to learn some skills while having a great time, this is the place.

SPRING BREAK CAMPS 2011

Need a safe – yet fun – place for your child to “spring” into their break? Let MWR take them on an adventure!

MARCH 14 – 18

- Camp Adventure, Catlin Clubhouse (Kindergarten – age 12)
- Adventure Plus (ages 10 – 12)

REGISTRATION STARTS TUE, FEB. 22

Single and dual active duty assigned to Joint Base Pearl Harbor-Hickam and tenant commands. Register in-person at Catlin Clubhouse Youth Center, 4655 Catlin Dr.

OPEN ENROLLMENT STARTS MON, FEB. 28

Online registration at www.greatlifehawaii.com

Cost based on household family income (LES required).

For more information, call Catlin Clubhouse at 421-1556 or visit www.greatlifehawaii.com

**YOUTH SPORTS**

620 Main St. 474-3501

REGISTRATION DEADLINES**HMYAA Spring Baseball****Jan. 10–Feb. 11****\$50 for Shetland and Pinto****\$80 for Mustang, Bronco and Pony**

Season runs March–June.

Pee Wee Baseball**Jan. 10–Feb. 11****\$35**

Season runs March–May.

THE GOURMET CLUB

VALENTINE'S DAY CHAMPAGNE DINNER

MON, FEB 14

ACCEPTING RESERVATIONS STARTING JAN 10

J.R. ROCKERS

COCKTAILS AT 5:30 P.M.
DINNER AT 6:30 P.M.

\$40 MEMBERS

\$45 NON-MEMBERS

*Enjoy live entertainment from Clear Sky Classical Jazz Quartet.
Dinner consists of seven fabulous courses and champagne
pairings with each.*

Call 448-2271 Ext. 226 to make your reservations.





IN THIS SECTION...

- ▶ **CLUB PEARL COMPLEX**
- ▶ **TRADEWINDS ENLISTED CLUB**
- ▶ **OFFICERS' CLUB**
- ▶ **RESTAURANT GUIDE**

CP Brewery creates some of the island's best microbrews, and they are only available at all MWR clubs. Club Pearl's Brews & Cues is the place to go for a relaxing environment where you can watch a game, shoot some pool or simply enjoy some social time with friends.

CLUB PEARL COMPLEX

Pearl Harbor Bldg. 1314 473-1743

EVENTS

Wear Red Day

Friday, Feb. 4
10 p.m.–1 a.m.
The Country Bar
FREE

Have a chance to win gift certificates, perfect for when you don't feel like cooking. Wear red and have multiple chances to win.

Come Watch the Super Bowl

Sunday, Feb. 6
Brews & Cues and Oceans CPO Club
FREE

It's the biggest game of the year! Join us and cheer on your favorite team to victory. Enjoy FREE pupus. Prizes will be given out.

Celebrate Jell-O Week

Feb. 10–12

The Country Bar

Jell-O Week is Feb. 6–12. To celebrate, we are offering several varieties of Jell-O all night long. Pay as you go. No federal endorsement intended.

Sweet Treat Saturday

Saturday, Feb. 12
10 p.m.–1 a.m.

The Country Bar

FREE

Come celebrate Valentine's Day with us and have a chance to win some sweet treats for your special someone.

Valentine's Day

Monday, Feb. 14
4–6 p.m.
Brews & Cues
FREE

Not in a relationship? Is your special someone out of town? Drop by Brews & Cues for a low-key Valentine's night. It's also the perfect place to bring a date.

National Chili Day

Thursday, Feb. 24
4–6 p.m.

Brews & Cues
FREE

It's time to celebrate one of America's favorite comfort foods—Chili! Come in for all that delicious, meaty goodness while it lasts and shoot a little pool while you're there.

Chips & Salsa Weekend

Feb. 24–26
10 p.m.–1 a.m.

The Country Bar
FREE

Looking for something to go with your ice cold beverage? Look no further. Enjoy some chips and salsa on the house while it lasts.

TRADEWINDS ENLISTED CLUB

Hickam Bldg. 1804 448-2271

WEEKLY

Ohana Backyard BBQ

Every Monday
4:30–8 p.m.

J.R. Rockers

\$9.95 for adults

\$5.95 for children ages 5–12

Monday night football may be over, but that doesn't mean we can't still tailgate! Let our chefs cook for you and enjoy ribs, burgers, hot dogs and chicken hot off the grill. Side dishes include corn on the cob, baked beans, corn bread and tossed salad with assorted dressings. All ranks welcome.

Grill Night "A Family Affair"

Every Tuesday
4:30–8 p.m.

J.R. Rockers

\$12.95 for members

\$14.95 for non-members

FREE for children ages 9 and under (kids meal)

Choose from over 12 varieties of meat, fish and poultry. Includes your choice of entrée and Caesar salad with an array of sautéed mushrooms, grilled tomatoes and baked potatoes with condiments served family style at your table. All ranks welcome.

TRADEWINDS ENLISTED CLUB CONT.

Mongolian BBQ

Every Thursday

5:30–8 p.m.

J.R. Rockers (lanai)

65¢ per ounce

Pick your favorite meats, veggies and sauces and have our chefs grill it up for you on one of our outdoor grills. This is a great option for the whole family. All ranks welcome.

T.G.I.F.

Every Friday

4 p.m.–1 a.m.

J.R. Rockers

No cover charge

Members enjoy a pupu buffet from 4–6 p.m. with a valid club card. Members and non-members can get half-price menu appetizers. Hit the dance floor from 10 p.m.–1 a.m. while our DJ spins your favorite songs. You can also get our delicious wings late night for 65¢ each from 10 p.m.–midnight. All ranks and ages welcome until 9 p.m.

2 Dine for \$20 Dinner Special

Every Friday and Saturday (except UFC Sat.)
4:30–9 p.m. and 5–9 p.m. (respectively)

J.R. Rockers

\$20 per couple

Enjoy one appetizer, two entrées and one dessert for only \$20. Menu includes nachos, chili cheese fries, chips and salsa, mini burgers, grilled chicken, mashed potatoes, ribeye steak, grilled Atlantic salmon, pasta with creamy pesto sauce, bread pudding, ice cream sundaes and root beer floats. Reservations are not required. All ranks welcome.

SPECIAL EVENTS

UFC 126 and UFC 127

Saturday, Feb. 5 and Feb. 26 (respectively)

4 p.m. doors open

5 p.m. fight starts

J.R. Rockers

FREE for members

\$10 cover for non-members

Watch Anderson "The Spider" Silva duke it out against Vitor "The Phenom" Belfort in Las Vegas.

NFL Super Bowl

Sunday, Feb. 6

12:30 p.m. doors open

No cover charge

Best party. Lots of prizes. FREE gridiron grinds buffet for club members; \$10 for non-members.

'80s Night

Friday, Feb. 11

10 p.m.–1 a.m.

J.R. Rockers

It's back and better than ever! Come on down and request your favorite song from your "ol skool."

Cupid's Red & White Ball

Saturday, Feb. 12

5:30 p.m.–2 a.m.

J.R. Rockers

\$12.95 for members for dinner

\$14.95 for non-members for dinner

No cover charge for entertainment

Enjoy a prime rib dinner with baked potato. Ladies will receive complimentary flowers. Listen to our DJs spin your favorite music at 9 p.m., then watch our step competition at 11:30 p.m.

Presidents' Day Pre-holiday Celebration

Sunday, Feb. 20

9 p.m.–2 a.m.

Enlisted Club (ballroom)

FREE cover for members

\$10 cover for non-members

Dress to impress for this event. We'll have four DJs spinning music all night long. Soul food plates on sale for \$12 from 10 p.m.–1 a.m. Active duty Air Force and Navy ages 18 and over welcome; 21 and over for all other authorized guests.

17th Annual Enlisted Club Golf Tournament

Friday, Apr. 8

10 a.m. check-in

Noon shotgun start

Mamala Bay Golf Course

\$65 for members

\$85 for non-members

Tickets on sale Feb. 28–Apr. 4

Join us on the green for our annual golf tournament. A banquet dinner will be held following the tournament at the Enlisted Club. Fee includes green fees, golf cart rental, beverages on the course, lunch and prizes.

OFFICERS' CLUB

Hickam Bldgs. 900 & 901 448-4608

WEEKLY

Mongolian BBQ

Every Thursday

5:30–8 p.m.

Officers' Club (lanai)

65¢ per ounce

\$1 Members First discount

Choose from 20 different fresh veggies, five different meats and a variety of sauces. Fried and white rice, noodles, soup, rolls, fortune cookies and beverages are also included. All ranks welcome.

2 for \$20 Dinner Special

Every Friday (except Warrior Friday)

6–8 p.m.

Officers' Club (dining room)

\$20 per couple

Meal includes salad, rolls, garlic mashed potatoes and vegetable du jour. Then choose from one of our many entrées, including crab stuffed mahi mahi, spicy garlic chicken and shrimp linguine. Add an appetizer for under \$6 or a dessert for under \$5. All ranks welcome.

Champagne Sunday Brunch

Every Sunday

10 a.m.–1 p.m.

Officers' Club (dining room)

\$20.95 for adults

\$10.50 for children ages 7–11

\$5.25 for children ages 4–6

FREE for children ages 3 and under

\$2 Members First discount

Menu includes roast beef, smoked ham, crab legs, fresh seasonal fruits, Belgian waffles, omelets and eggs to order, grilled mahi mahi, a stir fry bar, bacon, sausage, hot buttered vegetables, rice and potatoes, a dessert bar with pies, cakes and pastries, champagne, beverages and more! Call 448-4608 for reservations (required). All ranks welcome.

EVENTS

Warrior Friday

Friday, Feb. 4

4:30–10 p.m.

Officers' Club (Koa Lounge)

FREE for members

\$10 for non-members

Enjoy Warrior Friday once a month in conjunction with the Warrior Run. This Warrior Friday's theme is Motown with a performance by the Tradewinds.

Valentine's Sweetheart Dinner

Monday, Feb. 14

6–9 p.m.

Officers' Club (dining room)

\$85.95 per couple

\$10 Members First discount

Spend a relaxing, romantic evening with your spouse at the O-Club. After dinner, take a stroll along the water hand-in-hand to cap off your kid-free evening. Menu includes a pear, fennel and frisée salad; crab cake appetizer; choice of beef, chicken, shrimp or portabella mushroom entrée served with steamed vegetables; dessert and a glass of wine. Reservations required. Please drink responsibly.

Cigar Night

Thursday, Feb. 24

6:30–8 p.m.

Officers' Club (Polynesian gazebo)

\$30 per person

\$5 Member First discount

Sign up by Wednesday, Feb. 23

Enjoy a sophisticated evening with tastings of scotch, cognac and wine, as well as light pupus. One cigar is included with the option of purchasing more. Call 448-4608 for reservations (required). Please drink responsibly.



calendar of events

Enlisted Club | J.R. Rockers

Enlisted service members can join the E-Club and take advantage of awesome deals for members only. All hands are welcome at the club's restaurant, J.R. Rockers, where you will find mouth-watering meals in a sports-bar environment. Call 448-2271 for more information.

| sunday | monday | tuesday | wednesday | thursday | friday | saturday |
|--|---|---|--|--|---|--|
| | | Grill Night 1 4:30–8 p.m. Social Hour Specials 5–6 p.m. | Italian Lunch Buffet 2 11 a.m.–1 p.m. Wild Wing Wednesdays 4:30–8:30 p.m. Social Hour Specials 5–6 p.m. | Soul Food Lunch Buffet 3 11 a.m.–1 p.m. Social Hour Specials 5–6 p.m. Mongolian BBQ 5:30–8 p.m. | Hawaiian Lunch Buffet 4 11 a.m.–1 p.m. T.G.I.F. 4–6 p.m. 2 Dine for \$20 4:30–9 p.m. DJ Playing 10 p.m.–1 a.m. Late Night Wild Wings 10 p.m.–Midnight | UFC 126 5 4 p.m. Doors Open 5 p.m. Fight Starts Hot & Classic Saturday Nights 9 p.m.–1 a.m. Late Night Wild Wings 10 p.m.–Midnight |
| NFL Super Bowl 6 12:30 p.m. Doors Open 1:30 p.m. Kickoff Games Night with Buffet 4:45–9 p.m. | Ohana Backyard BBQ 7 4:30–8 p.m. Social Hour Specials 5–6 p.m. | Grill Night 8 4:30–8 p.m. Social Hour Specials 5–6 p.m. | Italian Lunch Buffet 9 11 a.m.–1 p.m. Wild Wing Wednesdays 4:30–8:30 p.m. Social Hour Specials 5–6 p.m. | Soul Food Lunch Buffet 10 11 a.m.–1 p.m. Social Hour Specials 5–6 p.m. Mongolian BBQ 5:30–8 p.m. | Hawaiian Lunch Buffet 11 11 a.m.–1 p.m. T.G.I.F. 4–6 p.m. 2 Dine for \$20 4:30–9 p.m. '80s Night 10 p.m.–1 a.m. DJ Playing 10 p.m.–1 a.m. Late Night Wild Wings 10 p.m.–Midnight | 2 Dine for \$20 12 5–9 p.m. Cupid's Red & White Ball 7 p.m.–2 a.m. Late Night Wild Wings 10 p.m.–Midnight |
| Games Night with Buffet 13 4:45–9 p.m. | Ohana Backyard BBQ 14 4:30–8 p.m. Social Hour Specials 5–6 p.m. The Gourmet Club: Valentine's Day Champagne Dinner 6 p.m. and 7 p.m. | Grill Night 15 4:30–8 p.m. Social Hour Specials 5–6 p.m. | Italian Lunch Buffet 16 11 a.m.–1 p.m. Wild Wing Wednesdays 4:30–8:30 p.m. Social Hour Specials 5–6 p.m. | Soul Food Lunch Buffet 17 11 a.m.–1 p.m. Social Hour Specials 5–6 p.m. Mongolian BBQ 5:30–8 p.m. | Hawaiian Lunch Buffet 18 11 a.m.–1 p.m. T.G.I.F. 4–6 p.m. 2 Dine for \$20 4:30–9 p.m. DJ Playing 10 p.m.–1 a.m. Late Night Wild Wings 10 p.m.–Midnight | 2 Dine for \$20 19 5–9 p.m. Hot & Classic Saturday Nights 9 p.m.–1 a.m. Late Night Wild Wings 10 p.m.–Midnight |
| No Games Night 20 Presidents' Day Pre-holiday Celebration 9 p.m.–2 a.m. | Presidents' Day 21 Enlisted Club and J.R. Rockers Closed | Grill Night 22 4:30–8 p.m. Social Hour Specials 5–6 p.m. | Italian Lunch Buffet 23 11 a.m.–1 p.m. Wild Wing Wednesdays 4:30–8:30 p.m. Social Hour Specials 5–6 p.m. | Soul Food Lunch Buffet 24 11 a.m.–1 p.m. Social Hour Specials 5–6 p.m. Mongolian BBQ 5:30–8 p.m. | Hawaiian Lunch Buffet 25 11 a.m.–1 p.m. T.G.I.F. 4–6 p.m. 2 Dine for \$20 4:30–9 p.m. DJ Playing 10 p.m.–1 a.m. Late Night Wild Wings 10 p.m.–Midnight | UFC 127 26 4 p.m. Doors Open 5 p.m. Fight Starts Hot & Classic Saturday Nights 9 p.m.–1 a.m. Late Night Wild Wings 10 p.m.–Midnight |
| Games Night with Buffet 27 4:45–9 p.m. | Ohana Backyard BBQ 28 4:30–8 p.m. Social Hour Specials 5–6 p.m. 17th Annual Enlisted Club Golf Tournament Tickets Go On Sale for Members | | | | | |

calendar of events

Officers' Club | Wright Brothers Café & Grille

Officers' Club members can receive special discounts and offers that will make base living all the more enjoyable, but all hands will love the views and the food that are available at the O-Club. Right next door is the Wright Brothers Café & Grille, where breakfast and lunch are available to all hands at prices that don't hurt the wallet. Call 448-4608 for more information.



| sunday | monday | tuesday | wednesday | thursday | friday | saturday |
|--|--|--|--|--|---|--|
| | | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Pasta Bar 11 a.m.–1 p.m. | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Taco Bar 11 a.m.–1 p.m. Games Night 4:30 p.m. Buffet 6:30 p.m. Games | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Pasta Bar 11 a.m.–1 p.m. Mongolian BBQ 5:30–8 p.m. | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Stir Fry Bar 11 a.m.–1 p.m. Pau Hana Specials 4:30–6:30 p.m. Warrior Friday 4:30–10 p.m. | Wright Brothers Limited Menu 6:30 a.m.–1:30 p.m. |
| Wright Brothers Limited Menu 6:30 a.m.–1:30 p.m. Champagne Sunday Brunch 10 a.m.–1 p.m. | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Mini Buffet 11 a.m.–1 p.m. | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Pasta Bar 11 a.m.–1 p.m. | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Taco Bar 11 a.m.–1 p.m. Games Night 4:30 p.m. Buffet 6:30 p.m. Games | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Pasta Bar 11 a.m.–1 p.m. Mongolian BBQ 5:30–8 p.m. | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Stir Fry Bar 11 a.m.–1 p.m. Pau Hana Specials 4:30–6:30 p.m. 2 for \$20 Dinner Special 6–8 p.m. | Wright Brothers Limited Menu 6:30 a.m.–1:30 p.m. |
| Wright Brothers Limited Menu 6:30 a.m.–1:30 p.m. Champagne Sunday Brunch 10 a.m.–1 p.m. | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Mini Buffet 11 a.m.–1 p.m. Valentine's Sweetheart Dinner 6 p.m. | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Pasta Bar 11 a.m.–1 p.m. | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Taco Bar 11 a.m.–1 p.m. Games Night 4:30 p.m. Buffet 6:30 p.m. Games | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Pasta Bar 11 a.m.–1 p.m. Mongolian BBQ 5:30–8 p.m. | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Stir Fry Bar 11 a.m.–1 p.m. Pau Hana Specials 4:30–6:30 p.m. 2 for \$20 Dinner Special 6–8 p.m. Live Music by Green Eggs & Sam 6–10 p.m. | Wright Brothers Limited Menu 6:30 a.m.–1:30 p.m. |
| Wright Brothers Limited Menu 6:30 a.m.–1:30 p.m. Champagne Sunday Brunch 10 a.m.–1 p.m. | Presidents' Day Wright Brothers Open Holiday Hours 6:30–10:30 a.m. Officers' Club Closed | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Pasta Bar 11 a.m.–1 p.m. | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Taco Bar 11 a.m.–1 p.m. Games Night 4:30 p.m. Buffet 6:30 p.m. Games | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Pasta Bar 11 a.m.–1 p.m. Mongolian BBQ 5:30–8 p.m. Cigar Night 6:30–8 p.m. | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Stir Fry Bar 11 a.m.–1 p.m. Pau Hana Specials 4:30–6:30 p.m. 2 for \$20 Dinner Special 6–8 p.m. | Wright Brothers Limited Menu 6:30 a.m.–1:30 p.m. |
| Wright Brothers Limited Menu 6:30 a.m.–1:30 p.m. Champagne Sunday Brunch 10 a.m.–1 p.m. | Wright Brothers Breakfast 6:30–10 a.m. Wright Brothers Lunch 10:30 a.m.–1:30 p.m. Mini Buffet 11 a.m.–1 p.m. | | | | | |

restaurantguide

Tradewinds Enlisted Club/J.R. Rockers 448-2271

Two club dining options: a regular buffet lunch at Tradewinds or menu at J.R. Rockers. The buffet lunch (Wednesdays–Fridays) offers a wide variety of great entrées, salads and soups as well as dessert and beverages. J.R. Rockers features a sports bar/pub atmosphere with a large menu available for lunch and dinner. Starters, salads, sandwiches and delicious entrées are available. Seating is available inside and outside featuring large-screen TVs.

Harbor Grill 473-2574

Located inside Naval Station Bowling Center. Offers a variety of sandwiches, local plate dishes as well as pizza and plenty of snacks and finger foods.

Kau Kau Korner 448-9959

Located in Hickam Bowling Center. Offers a variety of sandwiches and local plate dishes. You can also choose from our breakfast, lunch and dinner menus and/or snacks and finger foods.

La Familia Mexican Restaurant 422-9987

Traditional Mexican cuisine such as burritos, tamales, enchiladas, Jose's famous "birria" made fresh daily and much more. Located on the beautiful Ke'alohe Golf Course.

Mamala Bay Snack Bar 449-2307

Located at the Mamala Bay Golf Course. You can enjoy breakfast and lunch while taking in the incredible view. It may be Hickam's best-kept secret. With great prices and delicious food, it's worth the extra drive, just past Hickam Harbor.

Officers' Club 448-4608

Situated on the historic Pearl Harbor Channel with a variety of food and beverage options. The daily lunch features a different special along with a delicious soup and salad bar. A traditional Mongolian BBQ is offered Thursday evenings on the lanai. Friday evenings are highlighted with a "2 for \$20" dinner special in the dining room. The Koa Lounge presents an exciting Warrior Friday event on the first Friday of every month. The lounge offers great beverages and traditional pupus on Wednesdays, Thursdays and Fridays.

Planet Smoothie 449-1145

Located inside the Hickam Fitness & Sports Center and boasts a healthy menu including breakfast, lunch and a variety of smoothies that are filling and delicious.

Sam Snead's Tavern 421-7267

Located at Navy-Marine Golf Course, Sam Snead's is known for its fresh and delicious salads and sandwiches, with an outdoor lanai overlooking the golf course. Kids eat free daily from 5–6 p.m. with the purchase of an adult meal.

Sand Bar & Grill 449-9900

Features casual dining outside with a panoramic view of the beach and Hickam's beautiful harbor. Enjoy starters, lunch, dinner and a full bar with a variety of locally brewed beers. Seating on the deck allows for a view of the ocean and a stunning sunset.

Schooners 423-0790

Chef Phillip "Paolo" Sarubbi has created a menu that's fresh, fun and fabulous. A keiki menu is

available, too, and the entire family will enjoy the covered, open-air seating with a view of the harbor and Rainbow Bay Marina. Call for reservations and information on buffets, brunches and happy hour.

Sea Breeze 449-9900

The menu was created by renowned chef Phillip "Paolo" Sarubbi. It includes a wide variety of salads, sandwiches, entrées and sushi. Located at beautiful Hickam Harbor with a view of Diamond Head.

Wright Brothers Café & Grille 448-4608

Located next to the Officers' Club. Enjoy a delicious selection of breakfast and lunch items. You can sit inside or enjoy your meal outside while watching the ships glide in and out of the channel.

Please log on to
www.greatlifehawaii.com
for directions, menus and pricing information
for these dining establishments.

TRADEWINDS ENLISTED CLUB/JR ROCKERS

PRESIDENTS' DAY
PRE-HOLIDAY CELEBRATION

Sunday, February 20, • 9 p.m. - 2 a.m.
FREE for members, \$10 non-members



Open to all enlisted personnel, DoD civilians, and sponsored guests

Dress to impress for this party.

Groove to the music of four DJs spinning all night long.

Soul food plates and grinds on sale from 10 p.m. - 1 a.m. for only \$12.

Club will be closed on Mon, Feb 21 in observance of Presidents' Day.
For more information call 448-2271 x226





nce Upon a Library

by Andrea Bekurs



Design by Tanya Dlabaj

When PCS orders come every few years, the first thing an active duty member does is contact the new command to ask questions, discuss report date, and get a sponsor. The spouse, on the other hand, usually seeks out the MWR Web site to see what programs and activities the new duty station will offer. And a hidden treasure lurks within the Pearl Harbor-Hickam community – *the Hickam Library*.

When you walk in, you can smell the books. The smell of books takes you back to a youth gone by, when walking into a library was akin to going on a treasure hunt. Pages and pages...everywhere you look. Pages and pages of history, facts, swashbuckling pirates, witches, horcruxes, vampires, werewolves...The list goes on and on. As a youngster, maybe you would meander the aisles of the library, searching for a specific book or any book that looked interesting. The most important decision you had to make was did you want to read Nancy Drew or The Hardy Boys. What mystery would they solve? What mischief would they get into? You only had to turn the page to find out. And if that book caught your attention, would you stay up all night to finish? Would Nancy Drew get out of that sticky situation? Would the Hardy Boys solve the mystery? How will this book end? And would your parents catch you reading by flashlight under your blanket long after bedtime?

But that is a youth gone by, and different now are the outlets by which people can read books, or do research for school. There are kindles, ipads, Amazon.com, and the endless search tools and options on the Internet.

The great thing, though, about the Hickam Library is not that it has plenty of books or research facilities (which it does), but rather it's the attention that is paid to making the library the perfect place for you. That might be in the way of story time for children, a quiet place to work, a safe hangout for your teen and their friends, or a knowledgeable staff member who can answer any question.

The library is the perfect place to find a quiet nook to sit down with a book (or your ipad or Kindle) and just read. Simply walking into the quiet ambience of a library brings a sense of peace and tranquility, and you realize that there are adventures to be experienced in these aisles....characters to discover and learn to love or hate...words to learn....places to travel....secrets to discover. The world of books is yours to experience.

Nyasha Boyd, a Navy spouse who frequently brings her infant daughter, Zoe, to the library said, "We walk over here and come inside because it's the perfect place to bring my daughter. She loves story time and the crafts. I can bring her

here, get one of the board books, put her on the floor with it, and there's plenty of space for her to play while I read a magazine and enjoy the peace, even with an infant."

Although known for its books, the Hickam Library has a wide variety of programs, too. There's Dial-A-Story, which can be done from the comfort of your home. Simply pick up the phone and dial 449-8297, and a story will be read especially for your child! A popular offering is personalized card making. This month, visit the library on Saturday, Feb. 5 at 10 a.m. and Arnheidur Gudmundsdottir will teach you how to make a personalized Valentine's Day card for that special someone.

If reading is not your cup of tea, there are gaming systems – PS3, Wii, and Xbox – to check out along with your favorite games. Yes, you read that right – you can check out the gaming system, not just the game! Sometimes the library even hosts gaming tournaments.

The library offers a wide range of musical CDs as well as some of your favorite DVDs. Treat your special someone to their favorite movie for free. All you have to do is buy the popcorn! The audio offerings also include CLEP study guides for an ipod, MP3s with preloaded books, and audio books on CD.

Aside from being the ideal place to borrow a DVD, CD or video game, the library has other programs and services that make it the place to be on Hickam. There are story times twice a month on Wednesdays with corresponding crafts, and each week has a different theme. On Feb. 9, the topic will be "Valentine's Day" and it's "Monster Fun" on Feb. 23. Both sessions will be held from 9-10 a.m., and the best part is that it's FREE educational entertainment for your children.

"This is our first time coming to story time at the library, and my children loved it. We will definitely be coming back," said Navy spouse Alison Fournier, a mother of three.

Alyce Chicoine is an Air Force spouse, Hickam Library employee, and the main creative power behind the program. Her enthusiasm for her job is obvious by just speaking with

**"I love coming to this library...
I know that I can find the book I'm
looking for here because they have
such a great selection and stay
current with their inventory."**

ROBERT BURROWS, AIR FORCE RETIREE.

Photos by Ryan Graham



her for a moment. "I love watching children have fun and learn and grow. I love my job, and one of the perks for me with this position was to work with children and plan the crafts and story times for them each week," she said. Chicoine also enjoys the fact that she serves and assists library patrons that are just like her – military family members. Because she lives this life, she knows how important it is to give family members the resources and services that they need with the customer service that they deserve.

All the library staff members feel a responsibility to the patrons they serve. They try to keep things interesting for regular patrons, so you usually can find some attention paid to specially designated months, such as Black History Month in February, when the library will showcase works by and about African Americans. February also is Heart Disease Awareness Month, and National Wear Red Day is Feb. 4, so the library will offer patrons who wear red that day the chance to sample a different red food each hour from 11 a.m. to 4 p.m., while simultaneously hosting an Exercise Your Heart for Heart Health activity where patrons will try out Wii Fit.

And don't forget February is the month of romance.... discover or rediscover a famous couple – Romeo and Juliet, Heathcliff and Catherine, Beauty and the Beast, Bella and Edward (or Jacob). The library is a cozy place to agonize over the trials and tribulations of famous couples, hold your breath to find out what happens, and share in their happiness or cry in sadness. You only have to pick up the story to be instantly caught up in a world of happily ever (or never) after. Even though personal computers are fairly common in homes, the library offers numerous computers for patron use. According to Phyllis Frenzel, the library's director, the primary purpose of the library's computers is as a research tool, but an added benefit is that people who are new to the island or visiting can have a way of staying in touch with loved ones on the mainland or with business associates.

Rick Lamb, a government contractor, was issued an Army Knowledge Online e-mail address, which he sometimes has difficulty accessing when he is off base. The computers at the library not only allow him to stay connected with work and keep abreast of travel changes or issues while in town, but also provide him with a way to check his AKO account.

The library is also extremely popular with the after-school crowd. You typically will find children at every available table, either deeply engrossed in homework or talking animatedly – though quietly – with friends. Sitting at one of the tables were a foursome of Hickam Elementary School fourth graders – Michael, Clay, Maliek, and his twin brother, Mikael – whose favorite subjects ranged from reading and science to history and math. The boys explained, "This is a great place to do homework. Our parents feel that it's safe enough to walk here after school and get our homework done if they can't pick us up immediately after school." When the four boys are not busy doing homework, they can play games on the computers or borrow their favorite books. Clay,



who has just recently moved to the island with his family, is currently reading the fourth Harry Potter book, the twins enjoy reading comics, and the other Michael is working on collecting the entire Harry Potter series before he begins to read them. But they all had this in common – they were amazingly enthusiastic about being at the Hickam Library, going so far as to call it their second home.

Frenzel is quick to point out the library does not provide child care, but it does provide a service because it is located not only on a military base, but in a neighborhood filled with military families. She takes pride in how her staff members have established rapport with the "regulars" – including many of the young people – and how those regulars are careful to police any behavior by people who might forget they

are in a library.

It's obvious – the Hickam Library has something to offer everyone. From the patrons who stay up all night to finish the latest Harry Potter or Twilight book to the children who are just beginning their literary adventures to the domestic engineers who bring their inquisitive toddlers to the gamers who love the Wii tournaments, the Hickam Library has it all. Stop in and see for yourself – you never know where the pages of a book will take you next.

"We come to Story Time almost every week. My kids love it. They can't sleep the night before Story Time because they are so excited. What a wonderful program this is."

- LORI HANKE, AIR FORCE SPOUSE

The Hickam Library is located at 900 Mills Blvd., not far from the Hickam Fitness Center and Nelles Chapel. Call 449-8299 or visit www.greatlifehawaii.com to learn more!

Become a

CDH Provider

Become a Child Development Home provider! Increase your household income, spend time with your own children and help other military families... all in the comfort of your own home.

- Great career opportunity for stay-at-home spouses
- Work Monday through Friday, get the weekends off
- Incentives including food reimbursement & free training
- Become a provider within two to three months
- Navy-wide program, so training and experience easily transfer to your next duty station

NAVY CYP
Child and Youth Programs

Interested in becoming a provider?
Call 471-8444 or visit the CDH office at
530 Peltier Avenue, Building 1925.

NEW TO JOINT BASE PEARL HARBOR-HICKAM?

Join your MWR for a

FREE NEWCOMERS LUNCHEON!

Open to all military-affiliated personnel who are on PCS orders during the first five months of arrival.

TUESDAY • 11 A.M.
FEB 8 | MAR 15 | APR 12

TRADEWINDS ENLISTED CLUB | J.R. ROCKERS

Enjoy a **FREE** lunch, MWR information booths, sponsors, activities, prize wheels, bounce house, and much more! Learn the island's hidden secrets and how MWR can get you great deals on programs, military specials, and services on and off base. The optional base tour at 12:30 p.m. (*limited space available*) will take you to MWR locations around the base following the luncheon.

Registration Required
Separate registration required for luncheon and tour. Visit www.greatlifeohawaii.com and register now!

MWR
JOINT BASE
PEARL HARBOR • HICKAM

Love is never having to say:

HONEY, MY RIDE IS DIRTY!

MACH
Auto Detailing

This Valentine's Day show them that you care with an exterior detail package starting at **\$179.99**.

Gift Cards Available!

- Hand wash
- Paint sealant applied by hand and buffed to a shine
- Steam clean door jams
- Clean windows inside/outside
- Light (surface) waterspot treatment (paint)
- Tires & rims
- Rain repellent
- Red dirt treatment (exterior molding)
- Detail emblems

Hickam Bldg. 1720 • 808-422-MACH (6224)
Tues - Sat 9 a.m. - 6 p.m.

We accept: **VISA** **MasterCard** **DISCOVER** **AMERICAN EXPRESS**



IN THIS SECTION...

- ▶ **AQUATICS**
- ▶ **AUTO SKILLS CENTER**
- ▶ **MARINAS**
- ▶ **OUTDOOR ADVENTURE CENTER**
- ▶ **OUTDOOR RECREATION**

You don't have to go far to enjoy all kinds of water sports here in Hawaii. Hickam Harbor and Rainbow Bay Marina can hook you up with surfing, sailing, snorkeling, stand-up paddle boarding, kayaking, and more! Bring the family and get in the water!

AQUATICS

| | |
|--|----------|
| Arizona Pool (Ford Island) | 472-7582 |
| Pool 1 (Hickam) | 449-8274 |
| Pool 2 (Hickam) | 448-2223 |
| Richardson Pool (Pearl Harbor) | 471-9181 |
| Scott Pool (Pearl Harbor) | 473-0394 |
| Towers Pool (Pearl Harbor) | 471-9723 |
| Wahiawa Pool (Wahiawa Annex) | 653-5306 |

WATER AEROBICS

Scott Pool

Mondays, Wednesdays and Fridays

9–9:30 a.m.

This is a great way to burn calories and stay cool at the same time. Classes are \$2 each or you can purchase a punch card at Scott Pool for \$20 for 15 classes.

SWIM LESSONS

Private Swim Lessons

All pool locations

\$15 per half hour

Private swim lessons are available for youth and adults year-round. Reservations required. Call 473-0394 for more information and to sign up.

Sharpen Your Skills

Feb. 1, 3, 8 and 10

11:30–Noon

Towers Pool

FREE

Learn from one of our experienced Aquatics team members how to improve your stroke.

Flip Turn Clinic

Saturday, Feb. 12

11:30–Noon

Towers Pool

FREE

Learn how to improve your flip turns and starts. All ages and abilities welcome.

Physical Readiness Training (PRT)

Strength & Conditioning

Feb. 15, 17, 22 and 24

11:30–Noon

Towers Pool

FREE

Train and receive pointers from our Aquatics team members to assist you in getting ready for your best PRT time. Open to active duty military only.

EVENTS

Fresh Fruit Friday

Friday, Feb. 4

Pool 1, Richardson Pool and Scott Pool

FREE

Start your day off with a good workout and then refuel your body with a healthy snack. Early bird lap swimmers will receive complimentary fresh fruit after a swim.

Sunny Sundaes

Monday, Feb. 21

1–3 p.m.

Pool 2 and Scott Pool

FREE

Treat yourself to a FREE sundae while you bask in the sun. Limit one per person.

AUTO SKILLS CENTER

| | |
|---------------------------------------|----------|
| Hickam Bldg. 4002 | 449-2554 |
| Valkenburgh at Bougainville | 471-9072 |

EVERY MONTH

How-To Class

Friday, Feb. 11 or 25

6 p.m.

ASC-Hickam

FREE

The Hickam ASC offers a different how-to class every month. This month learn how to inspect your own brakes.

Monthly Special

Feb. 1–28

ASC-Hickam

Every month the Hickam ASC offers a different special. This month get a FREE brake inspection.

SPECIALTY SHOPS

Flight Crew Motorcycle Repair

Located on Hickam next to the self-serve car wash, this shop specializes in motorcycle repairs, custom detailing, safety checks and motorcycle sales. Call 422-6202 or 351-8108 for more information.

Mach 2 Auto Detailing

Located on Hickam next to the self-serve car wash, this shop specializes in car detailing, buffing and water spot removal. Call 422-6224 for more details.

AUTO SKILLS CONT.

Solar Eclipse Window Tinting

Located on Hickam next to the self-serve car wash, this shop specializes in car alarms, window tinting, wheels, tires, suspensions, superchargers and turbos. Call 422-8468 for more information.

MARINAS

Hickam Harbor 449-5215
Rainbow Bay Marina 473-0279

CLASSES

Adult Beginner Sailing Classes

Mondays and Wednesdays

10 a.m. – Noon

Rainbow Bay Marina

Ages 18 and older

Classes are taught by our certified sailing instructors and are open to all military personnel. Registration is taken at Rainbow Bay Marina. Call 473-0279 for availability and more information.

Beginner Sailing Classes

Mondays and Wednesdays

Noon – 2 p.m. or 3:30 – 5:30 p.m.

Rainbow Bay Marina

Ages 10 – 17

Don't be afraid to learn how to sail. Our instructors are great! Registration for these monthly sessions

taken at Rainbow Bay Marina. Call 473-0279 for availability and more information.

After-School Sailing for Beginners

Mondays and Wednesdays

3 – 5 p.m.

Hickam Harbor Marina

Ages 10 – 15

Monthly sessions available. Register at Hickam Harbor Marina. Call 449-5215 for availability and more information.

Level 2 Sailing Classes

Tuesdays and Thursdays

Noon – 2 p.m. or 3:30 – 5:30 p.m.

Rainbow Bay Marina

Ages 10 and older

These monthly sessions are for those who have completed Youth or Start Sailing Right and have the Level 2 instructor's approval. Registration taken at Rainbow Bay Marina. Call 473-0279 for availability and more information.

Start Sailing Right

Tuesdays, 6 – 8 p.m.

Saturdays, 9 a.m. – Noon

Hickam Harbor Marina

Ages 16 and older

\$50

Learn the ins and outs of sailing. This course is taught by our certified sailing instructors. This class consists of classroom theory, on-the-water group instruction and semi-private sailing instruction. Cost includes textbook, class materials, boat rental and instruction. Includes four class meetings total. Semi-

private sailing instruction is made by appointment only with our instructors. Call 449-5215 for the next session's start date and more information.

Family/Group Sailing Instruction

Saturdays

9:30 a.m. – Noon

\$10 per person (4 people max per appointment)

Rainbow Bay Marina

This course offers a brief introduction to sailing and is a great activity for groups of friends and families alike! Includes an overview in the classroom, demonstration of rigging and some time on the water! Open to eligible adults and family members 10 years or older. Call 473-0279 for more information.

Start Sailing Right

Saturdays and Sundays

1 – 5 p.m.

Rainbow Bay Marina

Ages 18 and older

\$50

This course is taught by our certified sailing instructors. Class consists of classroom theory, on-the-water group instruction and semi-private sailing instruction. Cost includes textbook, class materials, boat rental and instruction. Classes meet on two consecutive weekends and are open to all active duty and family members, retirees, reservists and DoD civilian employees. Semi-private sailing instruction is made by appointment only with our instructors. Call 473-0279 for more information.

Advanced After-School Sailing

Class times vary

Hickam Harbor Marina

Ages 7 – 15

After-School Sailing Class and Sailing Certification a prerequisite. Monthly sessions are open to ages 10 – 15. Register at Hickam Harbor Marina. Call 449-5215 for availability and more information.

Private Sailing Instruction

By appointment only

\$20 per person for a one-hour session

If group lessons are not your thing, or you just cannot make it to one of our classes, then private lessons might be for you! Our staff provides one-on-one lessons, all of which are U.S. Sailing Association certified. Call 473-0279 or 449-5215 to schedule a private or group lesson.

Youth Sailing Classes

Monthly Membership Program

Both MWR marinas offer sailing classes catering to the special needs of youth. This is a fun and interactive way to learn the basics of sailing. This monthly membership program is specifically designed for the aspiring junior sailor. During the course instructors will teach various sailing techniques including tacking, jibbing, rigging, and capsizing recovery.

AQUATICS

Improve your swimming stroke at one of our
SHARPEN YOUR SKILLS workshops

Tuesdays & Thursdays, February 1, 3, 8 & 10

11:30-Noon • Towers Pool

Come to one or all
four FREE sessions.

For more information,
please call 471-9723.

MWR
MILITARY WARRIOR RECREATION

MARINAS CONT.

CHECK-OUTS & RENTALS

Marina Check-outs for Experienced Sailors

\$20 per person for 1 hour

Check-outs are available for experienced sailors. Instructors will inform you of the rules and regulations of our marinas. Check-outs also include a review of our rental policies and safety procedures. Once the course is complete, you will be provided with a qualification card from the certifying marina. Call to schedule an appointment. All qualifications will be determined by a marina sailing instructor's evaluation.

Boater's Certificate

(Diamond Head Checkout/Open Ocean)

Available at Hickam Harbor Marina

\$80 per person for 4 hours

Rhodes 19 boater's certificate plus a 10-hour R-19 rental at Hickam Harbor a prerequisite.

Marina Rental

Those certified at our marinas are able to check out watercraft to enjoy in our waters! Our Rhodes 19 watercrafts are also available for open ocean trips to patrons certified with a Diamond Head checkout from Hickam Harbor Marina. Patrons holding a certification at one marina will be required to have an orientation at the other before renting.

EVENTS

Sunset Regattas at Rainbow Bay Marina

Thursdays

4 p.m. check in

Enjoy Rhodes 19 races along with other qualified sailors. Open to all eligible military personnel with a Rhodes 19 qualification card. All boats must be dockside a half hour prior to sunset. Pick up your rental form at the Rainbow Bay Marina office. Call 473-0279 for more information.

OUTRIGGER CANOEING

PT Outrigger Canoe Paddling

Mondays–Fridays

6:30–8:30 a.m.

We welcome our active duty command sponsored groups to participate in canoe paddling. Reservations are made in one-hour blocks. Call 473-0279 for more information.

Recreational Canoe Paddling

Mondays, Wednesdays and Fridays

8:30–10 a.m.

\$1 per person per session

We offer paddling classes for beginners and experienced paddlers. This is open to military family members 10 years and older, retirees and authorized DoD members. Call 473-0279 for more information.

OUTDOOR ADVENTURE CENTER & OUTDOOR RECREATION

MWR'S Outdoor Adventure Center (OAC) and Outdoor Recreation (ODR) program invite you to sit back and relax while we do all the planning. We have dozens of activities that are exciting, challenging and educational experiences. If you can't find a friend to go with, don't worry! Many participants sign up by themselves just so they can meet new people.

For a full description of these adventures, pick up an adventure booklet at one of our outdoor facilities or log on to www.greatlifehawaii.com. To sign up for these adventures call the OAC at 473-1198 or ODR at 449-5215. OAC is located at the Fleet Store, across from Pearl Harbor's Bravo Pier, and ODR is located at Hickam Harbor.

| ADVENTURE/ACTIVITY | DATE | TIME | MEET AT | COST | SIGN UP BY |
|---|---------|----------------|---------|------|------------|
| Family Fun: Surfing and BBQ at White Plains Beach | Feb. 3 | 3–6:30 p.m. | OAC | \$25 | Feb. 1 |
| Spear Fishing 102* | Feb. 5 | 9 a.m.–Noon | ODR | \$35 | Feb. 1 |
| Learn to Surf* | Feb. 6 | 9 a.m.–Noon | ODR | \$30 | Feb. 1 |
| Kayak Chinaman's Hat and BBQ | Feb. 6 | 9 a.m.–4 p.m. | OAC | \$25 | Feb. 1 |
| Bottom Fishing* | Feb. 6 | 2:30–5:30 p.m. | ODR | \$30 | Feb. 1 |
| Day Hike Aiea Loop | Feb. 7 | 10 a.m.–4 p.m. | OAC | \$10 | Feb. 4 |
| Family Fun: Day Hike Diamond Head | Feb. 10 | 3–6 p.m. | OAC | \$10 | Feb. 8 |
| Women's Surfing* | Feb. 12 | 9 a.m.–Noon | ODR | \$20 | Feb. 9 |
| Kayak Fishing* | Feb. 12 | 9 a.m.–Noon | ODR | \$37 | Feb. 9 |
| Learn to Stand-Up Paddleboard* | Feb. 13 | 10–11 a.m. | ODR | \$20 | Feb. 11 |
| Stand-Up Paddleboard the Haliwewa Stream on the North Shore | Feb. 13 | 10 a.m.–4 p.m. | OAC | \$20 | Feb. 11 |
| Learn to Stand-Up Paddleboard* | Feb. 13 | 11 a.m.–Noon | ODR | \$20 | Feb. 11 |
| Banana Boat Rides* | Feb. 13 | 2–5 p.m. | ODR | \$5 | On-site |
| Day Hike Waimano Pools | Feb. 14 | 10 a.m.–3 p.m. | OAC | \$10 | Feb. 11 |
| Family Fun: Stand-Up Paddleboard at Hickam Harbor | Feb. 17 | 3–5 p.m. | OAC | \$10 | Feb. 15 |
| Moonlight Paddle* | Feb. 18 | 7–9 p.m. | ODR | \$20 | Feb. 12 |
| Learn to Surf* | Feb. 19 | 9 a.m.–Noon | ODR | \$30 | Feb. 15 |
| Spear Fishing 101* | Feb. 19 | 9 a.m.–Noon | ODR | \$35 | Feb. 15 |
| Spear Fishing 102* | Feb. 20 | 9 a.m.–Noon | ODR | \$35 | Feb. 16 |
| Family Fun: Big Wave Watching at the North Shore | Feb. 20 | 3–6 p.m. | OAC | \$20 | Feb. 18 |
| Kayak Mokolua Islands and Lunch | Feb. 21 | 10 a.m.–3 p.m. | OAC | \$25 | Feb. 19 |
| Banana Boat Rides* | Feb. 21 | 2–5 p.m. | ODR | \$5 | On-site |
| Family Fun: Hike Makapuu Lighthouse | Feb. 24 | 3–6 p.m. | OAC | \$10 | Feb. 22 |
| Learn to Stand-Up Paddleboard* | Feb. 26 | 10–11 a.m. | ODR | \$20 | Feb. 23 |
| Learn to Stand-Up Paddleboard* | Feb. 26 | 11 a.m.–Noon | ODR | \$20 | Feb. 23 |
| Bottom Fishing* | Feb. 26 | 2:30–5:30 p.m. | ODR | \$30 | Feb. 23 |
| Intro to Shore Casting* | Feb. 27 | 9 a.m.–Noon | ODR | \$25 | Feb. 24 |
| Day Hike Maunawili Falls | Feb. 27 | 10 a.m.–3 p.m. | OAC | \$10 | Feb. 25 |
| Stand-Up Paddleboard Mokolua Islands and Lunch | Feb. 28 | 10 a.m.–3 p.m. | OAC | \$25 | Feb. 26 |

*Sign up at Hickam Harbor.



Love & MONEY

By Beth Hundley

Wanna get divorced? That's not a question you expect to hear during the hearts-and-flowers season of romance, but with a steady percentage of failed unions, it's a fair question to ask, especially during the lovey-dovey stage of a relationship.

To create and maintain a healthy long-term relationship, experts will repeatedly mention one word: communication. One of the key areas of communication needs to be about a topic most people don't like to discuss—personal finances.

Debra Blunt and Janice Crawley, personal financial managers for Joint Base Pearl Harbor-Hickam's Warfighter and Family Services program, are quick to point out most people don't enter a relationship thinking it will end or wanting it to fail, but with one of the primary causes of divorce being money, not discussing financial matters is a sure-fire recipe for disaster. That's why they created a couples class called, "Til Debt Do Us Part." Like all WFS services, it is free.

"Of all the reasons to divorce, money shouldn't be a reason," said Crawley. "But it is," Blunt added, noting, "Sometimes money conflicts are what bring out underlying issues that are the larger problem."

In the three-hour class, couples not only learn how to set realistic budgets and financial goals, but they learn how to communicate clearly, resolve conflicts and understand values.

Chris and Kristina Caler met when they were both active duty Air Force. Today Chris is an E5 and Kristina is a stay-at-home mom. In their five years of marriage, they've set goals, worked to meet them and haven't fallen into the debt trap that snares so many couples, but they don't always agree on money

matters. When they saw an advertisement for the class, they decided to come in for a financial tune-up.

"What's more romantic than to find a better way to fight about money?" joked Kristina.

**"SOMETIMES MONEY
CONFLICTS ARE WHAT
BRING OUT UNDERLYING
ISSUES THAT ARE THE
LARGER PROBLEM."**

Crawley and Blunt take a tag-team approach to teaching the class, and provide individual assistance to each couple. Although they have a PowerPoint presentation, they also run couples through a series of exercises to help them understand where they stand today so they can reach where they want to be tomorrow.

Each couple is given a worksheet and asked to independently assess the items that are important to them. The broad list includes vacations, dinners out, having a second car, college education for the kids, unlimited texting, visiting the spouse's family and more. Blunt and Crawley tend to see a lot of wide eyes from couples when they compare lists.

"When you get married, you don't just get married. You bring two sets of values to the relationship," explained Crawley. No two families handle their finances exactly the same way, but often people assume the way their parents managed money is the "normal" or "right" way, and that's not always the case. Where the challenge lies is when individuals come into a relationship expecting it to be one way, their spouse

expects it to be another and they never discuss the other's pre-conceived notion, resulting in conflict. Nothing should be assumed to be obvious.

"The problem isn't necessarily 'values,' the problem is most people go through life and don't discuss it," Crawley said.

Even shared values, like a desire to have money in savings, need to be discussed. What might seem like an adequate buffer to one could be stress-inducing to another. Blunt shared stories of a previous client who had \$1,000 on a credit card and had trouble sleeping at night because of it, but another client who had debt in the tens of thousands and wasn't worried at all. Now imagine those two clients were married and you can see where a conflict might arise.

In addressing conflict management skills, each individual takes a quiz to determine their conflict management style and then shares the results with their partner. Five styles are addressed in the class:

Collaborating—Though time- and energy-consuming, this approach helps each side get what they want, building trust and maintaining the positive relationship.

Competing— This authoritarian approach is goal-oriented and quick, but can breed hostility.

Avoiding—Non-confrontational in nature, conflict is not escalated, but problems remain unaddressed and unresolved.

Harmonizing—Giving in to maintain the relationship can minimize injury and help the relationship, but it also can lead to resentment and often exploits the weak.

Compromising—This is the middle-ground approach, which gives all parties

equal power and is particularly useful in complex situations, but no one is ever really satisfied and less than optimal solutions are often the result.

Once partners understand each other's—and their own—natural style, they can work to find a positive middle ground by fighting fair, discussing feelings and staying focused on the issue at hand. Blunt suggests partners be positive in their approach, be specific and actively listen to one another. When communicating, it's essential to use "I" and "we," as these pronouns don't place blame and help the couple share ownership of the issue.

Once you get talking with one another, you can create a spending plan that balances income with family/personal expenses, paying off debt, and savings and investments. An acceptable breakdown is 70 percent of a family's income going to their living expenses, 10 percent to saving and investing, and the remaining 20 percent to paying off debt. The instructors also recommend each couple discuss and agree on a dollar figure they can spend individually without needing to discuss the expense with their spouse. This discussion has opened many eyes in class when the spouses discovered a difference of opinion.

Blunt and Crawley said another eye-opening exercise they conduct is when they ask each individual to fill out a living expenses worksheet and then they go through each line item to see what they are missing. "Typically neither party has a full financial picture," Crawley explained. That's especially true when one person

pays all the bills. She emphasized the need for couples to sit together to pay their monthly expenses, so both parties have a clear understanding of money coming in and money coming out.

In the class, couples create a budget together, and often are surprised to see they should have money left over, and that's when they realize they don't know where their money is going exactly.

"IF YOU OWNED YOUR OWN BUSINESS, YOU'D HAVE TO ACCOUNT FOR EVERY DIME GOING IN AND EVERY DIME GOING OUT. YOUR PERSONAL FINANCES SHOULD BE THE SAME WAY."

Blunt challenges couples to run their marital finances the same way they would monitor company finances, and that means tracking everything.

"If you owned your own business, you'd have to account for every dime going in and every dime going out. Your personal finances should be the same way," she said.

She suggests couples eliminate their reliance on plastic—including debit cards—and go to a cash-only policy, even if it's just a short-term way to get a handle on where their money is going. "Put that card away for one solid month, and see

how you do," she said.

The couples also are asked to discuss smart goals for today, the short-term and the long-term, and also ways they can reach those goals together. "But just because you set it at one time, doesn't mean it isn't going to change," Crawley added. "You need to revisit it."

After going through all the exercises, talking frankly about financial values and sharing the money-management patterns they witnessed growing up, the Calers were pleased to see they had some shared goals they had not discussed, surprised to learn some new things about one another, and felt their marriage was strengthened as a result of the class.

"I don't think we would have come if that wasn't a likely outcome," Chris Caler said. His wife concurred, adding, "It brought out issues I was too scared to talk about ... and issues I didn't think about."

Kristina acknowledged the class made her realize a few things about herself, especially her conflict management style, that she was not aware she did. "I grew up thinking the person who has the money controls the relationship, and I had a fear of that," she said, noting how she used to have her own income when she was active duty and as a stay-at-home parent, that's no longer the case. "I realized that was a fear. All I knew was I didn't want to talk about it, and that leads to an argument."

Her husband wasn't aware she had that concern either, and was glad the class led them to confront it so they could address it. "I think it opened the door," he said. ■

MILITARY SAVES WEEK IS FEB. 20-27

Want to know more, but not sure about taking a class or meeting with a financial counselor yet? Drop by one of our Military Saves booths:

- NEX Mall, Wednesday, Feb. 23, 9 a.m.–3 p.m.
- Hickam BX, Thursday, Feb. 24, 9 a.m.–3 p.m.

Set SMART saving goals: Specific, Measurable, Action-oriented, Realistic, Time and cost-constrained.



ATTENTION ACTIVE DUTY SERVICE MEMBERS

It's time to play!

**INTRAMURAL SOCCER LEAGUE
STARTS MARCH 5**

**INTRAMURAL SOFTBALL LEAGUE
STARTS MARCH 14**

Gather your shipmates, office members, squadron buds or flight crews and get ready for some friendly competition! To participate, send a representative to the coaches' meeting at 1 p.m. at the Bloch Arena main basketball court.

- SOCCER COACHES' MEETING: Wednesday, Feb. 16
- SOFTBALL COACHES' MEETING: Wednesday, Feb. 23

For more information or to be part of the players' pool, call the MWR Athletics Office at 473-2434.



TRADEWINDS ENLISTED CLUB

15th Annual Golf Tournament

MAMALA BAY GOLF COURSE

**FRIDAY, APRIL 8
MAMALA BAY GOLF COURSE**

Registration Feb 28 - Apr 4 for club members,
Mar 7 - Apr 4 for non-members at Enlisted Club or call 448-2271 x227

\$80 members, \$95 non-members

Open to all military, DoD civilians,
and sponsored guests. No refunds.



**REGISTRATION
BEGINS
FEB. 28**

*This event sells
out every year so
REGISTER EARLY!

4-man scramble

April 8 Events Schedule

10:30 a.m. - Check in

Noon - Shotgun start

4:30 p.m. - Awards Banquet at the Enlisted Club

Fee includes: course fees, cart, lunch, beverages
on the course, prizes and awards banquet.



14th Annual HAWAII ALL-MILITARY Scratch BOWLING Tournament



The 14th Annual Hawaii
All-Military Scratch Bowling
Tournament will be held
April 5 - 8, 2011. To bowl in
April, try out in February!

Tryout Schedule

AIR FORCE

**Feb. 16 - 18 • 10 a.m.
Hickam Bowling Ctr.**

NAVY

**Feb. 22 - 24 • 10 a.m.
Naval Station Bowling Ctr.**

RETIREE TRYOUTS

**Feb. 26 • Noon
Hickam Bowling Ctr.**

*Open to service members only. Participants must bowl all three
days at tryouts, six games per day, for a total of 18 games to
qualify for your branch of service's team.*

*All retirees will bowl
eight games to qualify for
the retiree team.*

*Please call Millie Gomes (Navy) at 473-2651 or
Mel Matsumura (Air Force) at 448-9959 for more information.*



IN THIS SECTION...

- **ATHLETICS**
- **BOWLING**
- **FITNESS & SPORTS**
- **GOLF**
- **LIBERTY PROGRAMS**
- **SHARKEY THEATER**

With three great alleys, MWR invites bowlers of all ages to strike out. Leagues are available, as is cosmic bowling.

ATHLETICS

Pearl Harbor Bldg. 667 . . . 473-2494 or 473-2437

INTRAMURALS

Racquetball Tournament

Feb. 8–11

11 a.m.–1 p.m.

Subbase Racquetball Courts

FREE registration

Tournament limited to commands from Joint Base Pearl Harbor-Hickam. Dependents ages 18 years or older are welcome to participate only if someone from their sponsor's command is registered for the tournament.

Coaches' Meetings—Soccer and Softball

Wednesday, Feb. 16 (Soccer)

Wednesday, Feb. 23 (Softball)

1 p.m.

Bloch Arena Main Court

The intramural coaches' meetings for soccer and softball will be held in February. All interested teams should send a representative to attend.

BOWLING

Hickam Bldg. 1891 448-9959

Naval Station Bldg. 1736 473-2574

The Escape

(Wahiawa Annex) Bldg. 410 473-2651

WEEKLY

Party Center

The Escape Bowling Center

\$350 for 3 hours

Rent our beautifully remodeled, six-lane bowling center equipped with the latest Brunswick scoring system. Plan your next office outing, birthday party or family get-together. Cost includes bowling lanes and shoe rentals. Bring your own food and soft drinks. We also offer internet, games and outdoor pool tables.

EVENTS

Hawaii TV Bowling Tournament

Saturday, Feb. 5

9 a.m.

Naval Station Bowling Center

Join the competition or just come and watch. The best bowlers in Hawaii will compete for the title of Hawaii TV Bowling Champion! Drawings to be held to win bowling balls. This event will be televised Saturday, Feb. 12 at 4 p.m. on Channel 14.

Valentine's Roll

Feb. 1–10

During open bowling hours only

Hickam and Naval Station Bowling Centers

For each paid game of open bowling receive an entry form for a chance to win dinner for two at Sam Snead's with your special valentine. Second place winners will receive a heart-shaped box of chocolates. Winning entries will be drawn Friday, Feb. 11. Winners will be contacted and need to pick up their prize no later than noon on Monday, Feb. 14.

14th Annual Hawaii All-Military

Scratch Bowling Tournament Tryouts

Feb. 16–18, 22–24 and 26

Hickam and Naval Station Bowling Centers

This annual tournament will be held April 5–8. Tryouts for active duty Air Force will be at the Hickam Bowling Center, Feb. 16–18 at 10 a.m., and tryouts for active duty Navy will be held at the Naval Station Bowling Center, Feb. 22–24 at 10 a.m. Participants must bowl all three days, six games per day, for a total of 18 games to qualify for their branch of service's team. Retiree tryouts will be held at the Hickam Bowling Center, Feb. 26 at noon. Participants must bowl eight games to qualify for the retiree team. For more information, please call 473-2651 or 448-9959. See ad on page 28.

FITNESS & SPORTS

Hickam Bldg. 1120 448-2214

Bloch Arena. 473-0793

EVENTS

Valentine 5k Run

Monday, Feb. 14

11 a.m.

Hickam Fitness Center

FREE

Knock out your PT during lunch. Join us on Valentine's Day for a 5k run that begins and ends at the Hickam Fitness Center. No registration required. Call 448-2214 for more information.

FITNESS & SPORTS CONT.

3-Point Basketball Shoot Out

Thursday, Feb. 24

11 a.m.

Hickam Fitness Center
FREE

This is your chance to show off your hoop skills. Call 448-2214 for more information and to register (required).

SPECIALS

February Massage Special

Feb. 1–28

Bloch Arena or Hickam Fitness Center
\$100

Treat yourself or a loved one to a relaxing massage and receive a FREE gift. Put together your own 90-minute package. Choose from a 30-minute massage, a 30-minute facial, a 30-minute back scrub and a 30-minute foot scrub. Call 448-2214 (Hickam) or 474-0793 (Bloch Arena) to schedule your appointment.

PROGRAMS

Boot Camp with Casey

Tuesdays and Thursdays, Feb. 8–Mar 31

8:30–9:30 a.m. or 4:30–5:30 p.m.

\$150 per person

Get back into fitness with this rewarding, eight-week program modified for all levels. Register Feb. 1–7 at the Hickam Fitness Center. No boots required.

TRAINING

Mission Nutrition

FREE

This 16-hour course provides basic nutrition tips and fundamental information regarding portion sizes and servings. Open to all active duty military and their spouses. Call 473-1710 to schedule your class.

Operational Fitness and Fueling (OFFS)

FREE

This functional-based training keeps our sailors and airmen fit to fight. The goal is to decrease

injuries and improve fitness levels so our military members can focus on their mission. Open to all active duty military and their family members, and DoD cardholders. For OFFS training, please call 473-1710.

TRX Suspension Training

FREE

This is functional training at its best! Get multiple workouts that engage the core with every repetition and utilize full body movements. Open to all active duty military and their family members, and DoD cardholders. Call 473-1710 for more information.

GOLF

Barbers Point G.C. (Kalaheo) 682-1911
Ke'alohe Par 3 G.C. (Hickam) 448-2318
Mamala Bay G.C. (Hickam) 449-2300
Navy-Marine G.C. 471-0142

SPECIALS

Valentine Special

Feb. 12–14

All Joint Base Pearl Harbor-Hickam Pro Shops will have select items on sale. Buy something nice for your sweetie this Valentine's Day.

BARBERS POINT GOLF COURSE

Golf Clinic

Tuesday, Feb. 8 and Saturday, Feb. 19

9–10 a.m.

FREE

Call the Pro Shop to register.

Club Championship Tournament Qualification

Feb. 12, 13, 26 and 27

7 a.m.–1 p.m.

\$2

Format is stroke play. Scores will be used to determine flight designation. A minimum of 10 scores must be returned to qualify to enter the Club Championship. Open to all authorized Joint Base Pearl Harbor-Hickam patrons with a GHIN handicap. Call 221-9275 for more information and to register.

Half-price Green Fee Special

Every Monday–Thursday

Enjoy half-price green fees after 1 p.m. (except holidays and double tee days).

KE'ALOHI PAR 3 GOLF COURSE

Junior Golf Clinic

Saturdays, Feb. 5, 12, 19 and 26

1 p.m.

FREE

Call the Pro Shop to register.

MAMALA BAY GOLF COURSE

Junior Golf Clinic

Friday, Feb. 25

4 p.m.

FREE

Call the Pro Shop to register.

Link Up 2 Golf for Juniors and Adults

Saturdays, Feb. 5, 12, 19 and 26

8 a.m. for juniors

1 p.m. for adults

\$60 for juniors

\$100 for adults

This amazing program will introduce you to the wonderful game of golf. Call the Pro Shop for more information and to register.

NAVY-MARINE GOLF COURSE

Golf Clinic

Saturday, Feb. 12

2 p.m.

FREE

Priority given to active duty personnel. Call the Pro Shop to register.

LIBERTY PROGRAMS

Beeman Center 473-2583

Liberty Express at

Wahiawa Annex 653-0220

Instant Liberty at Club Pearl 422-7167

Liberty programs are for single, active duty service members only. Many events are FREE, but prices are indicated when applicable. All trips include transportation and depart from Beeman Center unless otherwise noted. For a complete listing of events, log on to www.greatlifehawaii.com.

SHARKEY THEATER

Movie Hotline 473-0726

WEEKLY MOVIES

Check out the latest movie schedule on our Web site at www.greatlifehawaii.com.



stay informed

Want to receive The Recreator at home?
Get the latest information on all your MWR activities with a FREE subscription.
Send your name and address to info@greatlifehawaii.com.

LIBERTY CALENDAR

FEBRUARY 2011

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|--|--|---|---|
| 30 | 31 | Valentine's Day Cards FREE All Centers | Valentine's Day Cards FREE All Centers Texas Hold'em FREE Beeman—1800 | Valentine's Day Cards FREE All Centers Texas Hold'em FREE Instant—1800 | Valentine's Day Cards FREE All Centers Dinner Cruise TBA | Valentine's Day Cards FREE All Centers Volunteer at the Animal Shelter FREE Beeman—1300 Instant—1315 Express—1230 Airman—1330 |
| Valentine's Day Cards FREE All Centers Surf Lessons and BBQ \$7 Beeman—1000 Instant—1015 Airman—1030 | Valentine's Day Cards FREE All Centers Night Snorkeling FREE Beeman—1700 Instant—1715 Airman—1730 | 9-Ball Tourney FREE Instant—1800 | Texas Hold'em FREE Beeman—1800 | Broke Man's Night: Sloppy Joes FREE All Centers—1700 | Ladies Night FREE Beeman—1730 Instant—1730 Express—1700 | Mountain Biking FREE Beeman—0930 Instant—0945 Airman—1000 |
| Surf Lessons and BBQ \$7 Beeman—1000 Instant—1015 Airman—1030 | Valentine's Day Treats FREE All Centers—1700 | Survival Cooking FREE Express—1800 Fear Factor Food Challenge Beeman—1800 Instant—1800 | Texas Hold'em FREE Beeman—1800 | Barrack's Bash at Pearl Harbor FREE 1700 Texas Hold'em FREE Instant—1800 | Monte Carlo Night FREE Beeman—1800 Instant—1745 Express—1715 Airman—1815 | Fishing FREE Beeman—1100 Instant—1115 Express—1030 Airman—1130 Waikiki Art Fest FREE Beeman—1000 Instant—1015 Airman—1030 |
| Surf Lessons and BBQ \$7 Beeman—1000 Instant—1015 Express—0930 Airman—1030 | Holiday BBQ FREE Instant—1100 Pizza FREE Beeman—1200 Express—1200 Airman—1030 | Movie Premiere FREE All Centers—1800 | Texas Hold'em FREE Beeman—1800 | Barracks Bash FREE Express—1700 Broke Man's Night: Hot Dogs FREE All Centers—1700 | Paradise Cove Luau \$20 Beeman—1700 Instant—1715 Express—1630 Airman—1730 | Whale Watching and Lighthouse Hike FREE Beeman—1000 Instant—1015 Express—0930 Airman—1030 |
| Surf Lessons and BBQ \$7 Beeman—1000 Instant—1015 Airman—1030 | Texas Hold'em FREE Express—1800 | <p>Liberty is for single service members only. For off-site events, transportation is provided. Just meet at the Liberty Center at the time listed. Payment, if needed, is due at the time of registration. All events are subject to change.</p> <p>Visit our Web site at www.greatlifehawaii.com.</p> <p>For more information, please call one of the following Liberty locations: Beeman Center at 473-2583, Instant Liberty at 422-7167 or Liberty Express at 653-0220. Airmen call 473-2583 to register.</p> | | | | |





Valentine's Roll


FEBRUARY 1-10

WIN

**A DINNER FOR TWO
AT SAM SNEAD'S TAVERN!**

Receive an entry blank for every open play bowling game at Hickam or Naval Station Bowling Centers. Entry blanks will be given out Feb. 1 - 10. Second place winners will receive a heart-shaped box of candies.
The winning tickets will be pulled Feb. 11.

Winners will be notified, and prizes must be picked up before Feb. 14.

TEXT

ANYTIME FOR IMMEDIATE INFORMATION ON OUR UPCOMING EVENTS & ACTIVITIES

For MWR Activities text **MWR** to **89074**
Single Service Members text **LIBERTY** to **89074**
For Sharkey Theater text **SHARKEY** to **89074**

Register to play TEXAS HOLD 'EM

with Poker Professional **Scotty Nguyen!**

Preliminary Tournament: **March 18 at 5:30 p.m.**
Tradewinds Enlisted Club

Registration dates (space is limited):

- Active duty personnel: Feb. 24 - March 14
- Club members (non-active duty): March 10 - 14 (if space is available)

Preliminary tournament will determine which 7 finalists will play with Scotty Nguyen on March 24.

Final Tournament:
March 24 at 6 p.m.
with 7 finalists & Scotty Nguyen

FREE!



To register call 448-2271 ext. 226.
For more info, visit www.greatlifeohawaii.com







schedule of classes

FREE! Clinical Counseling, Life Skills Education and Information Referrals

The Warfighter & Family Services centers offer a variety of FREE programs to help patrons develop skills, improve relationships and handle the military way of life.

| | |
|-------------------|----------|
| WFS-Pearl Harbor | 474-1999 |
| WFS-Hickam | 449-0300 |
| WFS-Wahiawa Annex | 474-1999 |

deployment support

| CLASS | DATE | TIME | LOCATION |
|---|---------|-------------|--------------|
| Individual Augmentee (IA) Resource Fair | Feb. 10 | Noon–2 p.m. | Pearl Harbor |

employment assistance program

| CLASS | DATE | TIME | LOCATION |
|---------------------------------|---------|--------------|--------------|
| Career Choices: Do What You Are | Feb. 9 | 9–11 a.m. | Pearl Harbor |
| Employment Toolbox | Feb. 8 | 9–11 a.m. | Hickam |
| Company Recruitment: FBI | Feb. 22 | 10 a.m.–Noon | Hickam |
| Federal Resume Writing | Feb. 23 | 1–3 p.m. | Hickam |
| Resume Workshop | Feb. 15 | 9–11 a.m. | Pearl Harbor |

family advocacy program

| CLASS | DATE | TIME | LOCATION |
|---|---------|-----------|--------------|
| Family Advocacy Program (FAP) Seminar for Command Leadership and POCs | Feb. 10 | 8–11 a.m. | Pearl Harbor |

family life skills

| CLASS | DATE | TIME | LOCATION |
|---|------------------------------|-------------------|------------------------|
| Boot Camp for New Dads | Feb. 12 | 9 a.m.–12:30 p.m. | Health Clinic Makalapa |
| Good Communication with Adolescents/Teens (Ages 11–18) | Feb. 23 | 4–6 p.m. | Pearl Harbor |
| Good Communication with School-Age Children (Ages 6–10) | Feb. 17 | 4–6 p.m. | Pearl Harbor |
| Good Communication with Young Children (Ages 0–5) | Feb. 2 | 9–11 a.m. | Pearl Harbor |
| New Moms and Dads | Feb. 15 | 5–8 p.m. | Pearl Harbor |
| Play Group (Ages Birth–5) | Feb. 2, 7, 9, 14, 18, 23, 28 | 10–11:30 a.m. | HCH Com Ctr |

deployment support

| CLASS | DATE | TIME | LOCATION |
|--|---------------------|---------------------|--------------|
| Car Buying Strategies | Feb. 24 | 11 a.m.–1 p.m. | Pearl Harbor |
| Command Financial Specialist (CFS) Forum | Feb. 28 | 1–2:30 p.m. | Pearl Harbor |
| Division Officers Financial Leadership Seminar | Feb. 17 | 8 a.m.–3:30 p.m. | Pearl Harbor |
| Financial Planning for Retirement | Feb. 22 | 8–10 a.m. | Pearl Harbor |
| Managing Money and Credit | Feb. 3 | 10 a.m.–11:30 a.m. | Wahiawa |
| \$Million\$ Dollar Sailor | Feb. 14, 15, 16, 17 | 7:30 a.m.–3:30 p.m. | Pearl Harbor |
| \$Million\$ Dollar Spouse | Feb. 23, 24 | 5–8 p.m. | Pearl Harbor |
| Thrift Savings Plan (TSP) Brief | Feb. 1 | 10–11:30 a.m. | Pearl Harbor |

information and referral

| CLASS | DATE | TIME | LOCATION |
|-----------------------------|---------|-------------|--------------|
| Great Spouses Academy | Feb. 23 | 9 a.m.–Noon | Pearl Harbor |
| Key Spouse Initial Training | Feb. 4 | 9–11 a.m. | Hickam |

ombudsman program

| CLASS | DATE | TIME | LOCATION |
|--|-----------|----------------|--------------------|
| Family Readiness Group (FRG) Leadership Training | Feb. 8, 9 | 8 a.m.–3 p.m. | Pearl Harbor |
| COMNAVREG Hawaii Ombudsman Assembly Meeting | Feb. 17 | 6:30–8:30 p.m. | Lockwood Hall |
| COMSUBPAC Ombudsman Assembly Meeting | Feb. 15 | 6–8 p.m. | Lockwood Hall |
| Kaneohe Ombudsman Assembly Meeting | Feb. 23 | 6:30–8:30 p.m. | John Finn Building |
| Ombudsman Advance Training | Feb. 2 | 6–8 p.m. | Pearl Harbor |

personal development classes

| CLASS | DATE | TIME | LOCATION |
|-----------------------------------|--------------------|--------------|--------------|
| Adults Molested as Children Group | Feb. 1, 8, 15, 22 | 1–3 p.m. | Pearl Harbor |
| Anger Management | Feb. 22 | 8–11 a.m. | Pearl Harbor |
| Girls' Circle | Feb. 2, 9, 16, 23 | 2:30–4 p.m. | Pearl Harbor |
| Men's Group | Feb. 2, 9, 16, 23 | 1–3 p.m. | Pearl Harbor |
| New Parent Support Group | Feb. 3, 10, 17, 24 | 12:30–2 p.m. | Pearl Harbor |
| Parenting Group | Feb. 1, 8, 15, 22 | 10 a.m.–Noon | Pearl Harbor |
| Skills Development Group | Feb. 2, 9, 16, 23 | 9–11 a.m. | Pearl Harbor |
| Stress Management | Feb. 8 | 8–11 a.m. | Pearl Harbor |
| Women's Group | Feb. 7, 14, 28 | 10 a.m.–Noon | Pearl Harbor |

relocation assistance program

| CLASS | DATE | TIME | LOCATION |
|------------------------|---------|---------------|--------------|
| Chinatown Walking Tour | Feb. 17 | 9 a.m.–1 p.m. | Pearl Harbor |
| Smooth Move | Feb. 10 | 8–11:30 a.m. | Pearl Harbor |
| Sponsor Training | Feb. 16 | 9:30–11 a.m. | Pearl Harbor |

sexual assault prevention and response

| CLASS | DATE | TIME | LOCATION |
|---|------------|------------------|--------------|
| SAPR Victim Advocate Initial Training | Feb. 15–18 | 8:30 a.m.–4 p.m. | Pearl Harbor |
| SAPR Victim Advocate and Command Liaison Refresher Training | Feb. 8 | 1–3 p.m. | Pearl Harbor |

transition assistance program

| CLASS | DATE | TIME | LOCATION |
|-------------------------------------|------------|---------------------|--------------|
| Company Recruitment: FBI | Feb. 11 | 9–11 a.m. | Pearl Harbor |
| Pre-Separation Briefing (USAF only) | Feb. 10 | 1–2 p.m. | Hickam |
| Pre-Separation Briefing (USAF only) | Feb. 24 | 9–10 a.m. | Hickam |
| Retirement TAP (R-Tap) Seminar | Feb. 8–11 | 7:30 a.m.–4 p.m. | Pearl Harbor |
| Separation TAP (S-Tap) Seminar | Feb. 1–4 | 7:30 a.m.–4 p.m. | Pearl Harbor |
| Separation TAP (S-Tap) Seminar | Feb. 22–25 | 7:30 a.m.–4 p.m. | Pearl Harbor |
| Retirement/Separation TAP Seminar | Feb. 15–18 | 7:30 a.m.–4:30 p.m. | Hickam |

AIRMAN & FAMILY READINESS CENTER

See Warfighter & Family Services

AQUATICS

Arizona Pool (Ford Island) • 472-7582

Daily 1100–1800

Hickam Pool 1 • Bldg. 1122

Mon–Fri 0600–0800

. 1000–1400

. 1800–2000

Sat, Sun Closed

Hickam Pool 2 • Bldg. 425 • 448-2223

Mon–Tue Closed

Wed–Fri 1300–1700

Sat, Sun 1100–1700

Wahiawa Annex • 653-5306

Lap Swim Mon–Fri 1100–1300

Open Swim Mon–Fri 1300–1800

Sat, Sun 1100–1800

Holidays 1200–1700

Richardson Pool (Pearl Harbor) • 471-9181

Early Bird Swim Mon–Fri 0500–0700

Lap Swim Mon–Fri 1100–1300

Sat, Sun, Holidays Closed

Scott Pool (Pearl Harbor) • 473-0394

Early Bird Swim Mon–Fri 0500–0730

Open Swim Mon–Fri 1100–1800

Sat, Sun 1100–1800

Holidays 1200–1700

Towers Pool (Pearl Harbor) • 471-9723

Lap Swim Mon–Fri 1100–1300

Open Swim Mon–Fri 1300–1800

Sat, Sun 1100–1800

Holidays 1200–1700

ARTS & CRAFTS CENTER

Hickam Bldg. 1889 • 448-9907

Sales Store • Ext. 103

Mon. 0900–1700

Tue–Thu 0900–2000

Fri, Sat 0900–1700

Sun 1200–1700

Ceramics/Pottery • Ext. 111

Mon, Sun Closed

Tue–Thu 0900–2000

Fri, Sat 0900–1700

Engraving Shop • Ext. 107

Mon, Sat, Sun Closed

Tue–Fri 0900–1700

Framing Shop • Ext. 108

Mon, Sun Closed

Tue–Thu 0900–2000

Fri, Sat 0900–1700

Office/Gallery • Ext. 101

Mon, Sun Closed

Tue–Sat 0900–1700

Wood Hobby Shop • 448-9911

Mon, Fri Closed

Tue–Thu 1300–2000

Sat, Sun 1000–1700

ATHLETICS

Pearl Harbor Bldg. 667 • 473-2494 or 473-2437

Mon–Fri 0700–1530

Sat, Sun Closed

AUTO SKILLS CENTERS

Valkenburgh at Bougainville • 471-9072

(Last entry is 1 hour prior to closing)

Mon–Fri Noon–Midnight

Sat, Sun 0900–1700

Car Wash 0700–2000

Hickam Bldg. 4002 • 449-2554

Mon, Tue 0700–1700

Wed–Fri 0700–2000

Sat, Sun 0900–1730

Car Wash • 630-7426

Mon–Sun 0800–2000

Flight Crew Motorcycle Repair • 422-6202 or 351-8108

Mon, Sun Closed

Tue–Fri 0930–1630

Sat 0830–1300

Mach 2 Auto Detailing • 422-6224

Mon. 0900–1400

Tue–Sat 0900–1800

Sun Appointment Only

Solar Eclipse • 422-8468

Mon, Sun Closed

Tue–Sat 1000–1700

Towing Service • 630-7424 or 449-2554

BARBERS POINT GOLF COURSE

Essex Road Bldg. 2249, Kalaeloa • 682-1911 or 682-2098

Driving Range

Mon–Fri, Wed 0630–1800

Tue, Thu 0630–1100

. 1300–1800

Pro Shop • 682-1911

Daily 0630–1830

BOWLING CENTERS

The Escape at Wahiawa Annex, Bldg. 410 • 473-2651

Fri 1900–2200

Parties Appointment Only

Hickam Bldg. 1891 • 448-9959

Mon, Tue, Thu. 1000–2100

Wed, Sun 0900–2100

Fri, Sat 0900–0100

Holidays 1200–2100

Naval Station Bldg. 1736 (Pearl Harbor) • 473-2574

Mon–Thu. 1700–2100

Fri 1700–2300

Sat 0900–2300

Sun 0900–1800

Holidays 1200–1800

BREWS & CUES

Club Pearl • 473-1743

Sun–Thu. 1100–2300

Fri, Sat 1100–0100

CHILD DEVELOPMENT CENTERS

Kids Line • 449-8233 or 449-8234

Hickam Main CDC, Bldg. 1597

Hickam West CDC, Bldg. 1654

Hickam Harbor CDC, Bldg. 623

Bougainville CDC

Kids Cove

Naval Station CDC

NCTAMS CDC • Wahiawa

Rainbow Hale CDC

CHILD DEVELOPMENT HOMES PROGRAM

Hickam Bldg. 1073 • 449-0138

Mon–Fri. 0730–1630

Sat, Sun Closed

CLUBS

See also Brews & Cues, Country Bar, Enlisted Club,

Oceans CPO Club and Officers' Club

Pearl Harbor Office, Club Pearl • 473-1743

Mon–Fri. 0730–1700

Sat, Sun Closed

COUNTRY BAR

Club Pearl • 473-1743

Thu 2030–2300

Fri, Sat 2030–0230

DINING FACILITIES (ACTIVE DUTY ONLY)

Hale Aina • Hickam Bldg. 1860 • 449-1666

Mon–Fri. 0600–0830

. 1030–1300

. 1630–1930

Sat, Sun, Holidays 0630–1300

. 1600–1900

Mokulele Flight Kitchen • Hickam AMC Terminal, Bldg. 2037 • 449-0718

Silver Dolphin Bistro • Pearl Harbor Bldg. 655 • 473-2948

Mon–Fri. 0615–0730

. 1615–1730

Sat, Sun, Holidays 0615–0730

. 1030–1230

. 1615–1730

ENLISTED CLUB/J.R. ROCKERS

Hickam Bldg. 1804 • 448-2271

Catering Services

Mon. Appointment Only

Tue–Fri 0900–1700

Sat, Sun Closed

Customer Service/Cash Cage

Mon–Fri. 1000–1400

Sat, Sun Closed

Lunch Buffet

Wed–Fri 1100–1300

J.R. Rockers (Kitchen closes 1 hour prior to closing)

Mon–Thu. 1100–1300

. 1630–2000

Fri 1100–0100

Sat 1700–0100

Sun Closed

ALL RANKS

Mon–Thu. 1100–1300

. 1630–2100

Fri 1100–2100

Sun During Operating Hours

FITNESS & SPORTS CENTERS

Ford Island Bldg. 55 (weight room only)

Mon–Fri. 0500–2200

Sat, Sun Closed

Hickam Bldg. 1120 • 448-2214

Mon–Fri. 0430–2230

Sat, Sun, Holidays 0700–1900

Makalapa Bldg. 388 (weight room only)

Open 24 hours a day, 7 days a week

NCTAMS Bldg. 446 • 653-5542

Mon–Fri. 0500–2100

Sat 0900–1700

Sun 1200–1700

Pearl Harbor Bloch Arena • 473-0793

Mon–Fri. 0400–2200

Sat 0700–2000

Sun 0700–1800

West Loch Bldg. 621 (weight room only)

Open 24 hours a day, 7 days a week

FLEET AND FAMILY SUPPORT CENTER

See Warfighter and Family Services

GOLF COURSES

See individual listings for Barbers Point Golf Course, Ke'alahi Par 3

Golf Course, Mamala Bay Golf Course and Navy-Marine Golf Course

HARBOR GRILL

Inside Naval Station Bowling Center (Pearl Harbor) • 473-2574

Mon. 0700–1330

. 1700–2000

Tue–Fri. 0700–2300

Sat 0900–2300

Sun 1100–1800

Holidays Closed

HUMAN RESOURCES OFFICE

620 Main Street, Bldg. 3456 • 474-0889

Mon–Fri. 0730–1630

Sat, Sun Closed

INFORMATION, TICKETS & TRAVEL

Barbers Point, Golf Course Clubhouse • 682-2019

Mon–Sun 0900–1800

Holidays 0900–1500

Fleet Store, Pearl Harbor • 473-0792

Mon–Fri. 0900–1800

Sat, Sun, Holidays 0800–1600

Travel Connections Pearl Harbor • Fleet Store • 422-0139

Mon–Fri. 0900–1700

Sat 0900–1300

Sun, Holidays Closed

Hickam Bldg. 1760 • 448-2295

Mon–Fri. 0900–1700

Sat, Sun 0900–1300

Travel Connections Hickam • 423-0255

Mon–Fri. 0900–1700

Travel Connections Kunia • 655-3128

Mon–Fri. 1000–1700

Sat, Sun, Holidays Closed

NEX Mali Pearl Harbor • 422-2757

Mon–Fri. 0900–1800

Sat 0900–1700

Sun, Holidays 0900–1500

Travel Connections NEX • 422-4067

Mon–Fri. 0900–1700

| | |
|-----------------------------|------------|
| Sat | .0900-1300 |
| Sun, Holidays | Closed |
| Recreational Ticket Vehicle | .630-3080 |

INTRAMURALS

See Athletics

KE'ALOHI PAR 3 GOLF COURSE

| | |
|------------------------------|------------|
| Hickam Bldg. 2105 • 448-2318 | |
| Mon, Wed-Sun | .0630-2200 |
| Tue | .1300-2100 |
| 10th Puka Lounge • 448-9890 | |
| Mon, Tue, Sun | .1100-2230 |
| Wed-Sat | .1100-2300 |

KIDS LINE

| | |
|----------|------------|
| 471-5437 | |
| Mon-Fri | .0730-1630 |
| Sat, Sun | Closed |

LA FAMILIA RESTAURANT (MEXICAN CUISINE)

| | |
|------------------------------|------------|
| Hickam Bldg. 2105 • 422-9987 | |
| Mon-Sat | .1000-2200 |
| Sun | .1000-2000 |

LIBERTY CENTERS

| | |
|--|------------|
| Beeman Center (Pearl Harbor) • 473-2583 | |
| Mon-Sat | .1000-0000 |
| Sun | .1000-0000 |
| Instant Liberty (Club Pearl) • 422-7167 | |
| Sun-Thu | .1000-2300 |
| Fri, Sat | .1000-0100 |
| Liberty Express (Wahiawa Annex) • 653-0220 | |
| Mon-Thu | .1000-2200 |
| Fri, Sat | .1000-2300 |
| Sun, Holidays | .1000-1800 |

LIBRARY

| | |
|-----------------------------|------------|
| Hickam Bldg. 595 • 449-8299 | |
| Mon-Thu | .1000-2100 |
| Fri, Sat | .1000-1800 |
| Sun, Holidays | Closed |

MAKAI RECREATION CENTER

| | |
|---|------------|
| Hickam Bldg. 1859 • 449-3354 or 448-0418 | |
| Mon-Fri | .0900-1900 |
| Sat | .0900-1600 |
| Sun | Closed |
| Skateboard Hangar, Hickam Bldg. 2065 • 448-4422 | |
| Mon | Closed |
| Tue-Thu | .1500-2000 |
| Fri | .1500-2200 |
| Sat | .1400-2200 |
| Sun | .1200-1700 |

MAMALA BAY GOLF COURSE

| | |
|------------------------------|------------|
| Hickam Bldg. 3571 • 449-2300 | |
| Summer Months (Apr-Sep) | |
| Mon-Sun | .0600-1830 |
| Winter Months (Oct-Mar) | |
| Mon-Sun | .0630-1800 |

MORALE, WELFARE & RECREATION ADMIN

| | |
|------------------------|------------|
| Bloch Arena • 473-0787 | |
| Mon-Sun | .0800-1630 |

MOVIES

See Sharkey Theater

NAVY GATEWAY INNS & SUITES

| | |
|--------------------------------------|-----------|
| (Open 24 hours a day, 7 days a week) | |
| Arizona Hall | .421-6113 |
| Lockwood Hall | .421-5400 |
| Makalapa | .421-4911 |
| Royal Alaka'i | .448-5400 |

NAVY-MARINE GOLF COURSE

| | |
|---|------------|
| Valkenburgh at Radford Drive • 471-0142 | |
| Daily Tee Times | .0715-1830 |
| Driving Range | |
| Fri-Wed | .0630-2100 |
| Thu | .1030-2100 |
| Pro Shop • 471-0142 | |
| Daily | .0630-1830 |

OCEANS CPO CLUB

| | |
|-------------------------|------------|
| Pearl Harbor • 473-1743 | |
| Mon-Thu | .1430-2130 |

| | |
|---------------|------------|
| Fri | .1100-2330 |
| Sat | .1530-2130 |
| Sun, Holidays | .1500-2100 |

OFFICERS' CLUB/WRIGHT BROTHERS CAFE

| | |
|---|------------------|
| Hickam Bldg. 900/901 • 448-4608 | |
| Admin Office • Ext. 15 | |
| Mon-Fri | .0800-1630 |
| Sat, Sun | Closed |
| Catering Office • Ext. 16 | |
| Mon | Appointment Only |
| Tue-Sat | .0830-1630 |
| Sun | Closed |
| Customer Service Desk • Ext. 11 | |
| Mon-Fri | .1100-1300 |
| Wed-Fri | .1700-1900 |
| Sat, Sun | Closed |
| Dining Room | |
| Mon-Fri | .1100-1300 |
| Fri (Except First Fridays) | .1800-2000 |
| Sat | Closed |
| Sun (Champagne Brunch) | .1000-1300 |
| Koa Lounge • Ext. 26 | |
| Mon, Sat, Sun | Closed |
| Wed, Thu | .1630-2100 |
| Fri | .1630-2300 |
| Lanai | |
| Wed (Games Night) | .1630-2000 |
| Thu (Mongolian BBQ) | .1730-2000 |
| Wright Brothers Café & Grille • Ext. 39 | |
| Mon-Fri | .0630-1000 |
| Thu | .1030-1300 |
| Sat, Sun | .0630-1330 |

OUTDOOR RECREATION

| | |
|--|------------|
| Aikane Sport Fishing • 423-1113 | |
| Mon-Sun | .0600-1600 |
| Equipment Rental, Hickam Bldg. 1760 • 449-6870 | |
| Mon-Fri | .0900-1700 |
| Sat | .0900-1300 |
| Sun | Closed |
| Equipment Rental, Pearl Harbor Bldg. 644 • 473-2569 | |
| Mon-Fri | .0800-1600 |
| Sat, Sun | .0900-1300 |
| Hickam Beach (lifeguards on duty) | |
| Mon-Sun | .1000-1700 |
| Hickam Harbor, Bldg. 3455 • 449-5215 | |
| Mon-Sun | .0900-1700 |
| Island Divers Hawaii, Bldg. 1122 • 423-8222 | |
| Mon-Sun | .0700-1900 |
| Ocean Concepts Scuba, Bldg. 103 • 422-5990 | |
| Mon-Fri | .0800-1900 |
| Sat, Sun, Holidays | .0800-1700 |
| Outdoor Adventure Center, Fleet Store • 473-1198 | |
| Mon-Fri | .0900-1800 |
| Sat, Sun, Holidays | .0800-1600 |
| Rainbow Bay Marina, Bldg. 610 • 473-0279 | |
| Daily | .0930-1800 |
| Wentworth Pro Shop, Pearl Harbor Bldg. 4598 • 473-0610 | |
| White Plains Beach • 682-4925 | |
| Daily | .0800-1800 |

RENTALS

| | |
|--|--|
| Barbers Point Beach Cottage • 682-3085 or 877-209-2423 | |
| Ford Island Conference Center • 472-0342 | |
| Lockwood Hall & Lanai • 472-0342 | |
| Outdoor Recreation Equipment (Pearl) • 473-1198 | |
| Party Equipment (Pearl) • 473-2569 | |
| Party Equipment (Hickam) • 449-6870 | |
| Party Patios (Pearl) • 473-1198 | |
| White Plains Beach Surf Shack • 682-4925 | |
| Outdoor Recreation Equipment/Cabanas (Hickam) • 449-5215 | |

SAM SNEAD'S TAVERN

| | |
|------------------------------------|------------|
| Navy-Marine Golf Course • 421-7267 | |
| Mon-Wed, Sat | .1100-2000 |
| Thu, Fri | .1100-2100 |
| Sun | .1030-2000 |

SCHOONERS

| | |
|--------------------------------------|------------|
| 57 Arizona Memorial Drive • 423-0790 | |
| Daily | .1100-2000 |

SEA BREEZE

| | |
|---|------------|
| Hickam Bldg. 3465 • 449-9900 | |
| Mon | Closed |
| Tue-Fri | .1100-1330 |
| Wed-Sun | .1700-2000 |
| Sand Bar & Grill (Kitchen closes 1 hour prior to closing) | |
| Mon | .1100-2000 |
| Tue-Sun | .1100-2100 |

SHARKEY THEATER

| | |
|-----------------------------------|------------------------------|
| Pearl Harbor Bldg. 628 • 473-0726 | |
| Mon-Wed | Closed |
| Thu, Fri | .1900 showtime |
| Sat, Sun | .1430, 1645 & 1900 showtimes |
| Open for rentals | Call to schedule |

TRAVEL CONNECTIONS

See Information, Tickets & Travel

VETERINARY CLINIC

| | |
|------------------------------|------------|
| Hickam Bldg. 1864 • 449-6481 | |
| Mon-Fri | .0800-1600 |
| Sat, Sun | Closed |

WARFIGHTER & FAMILY SERVICES

| | |
|--|------------|
| Hickam, 655 Vickers Ave. • 449-0300 | |
| Mon-Fri | .0830-1530 |
| Sat, Sun | Closed |
| Wahiawa Annex, Bldg. 392, Wahiawa • 474-1999 | |
| Mon-Fri | Hours Vary |
| Sat, Sun | Closed |
| Pearl Harbor, 4827 Bougainville Dr. • 474-1999 | |
| Mon-Thu | .0700-1645 |
| Fri | .0700-1600 |
| Sat, Sun | Closed |

YOUTH PROGRAMS

| | |
|--|------------|
| Pre-Teens (ages 10-12) • Hickam Bldg. 1335B • 448-2296 | |
| Mon, Tue, Thur, Fri | .1400-1800 |
| Wed | .1200-1800 |
| Sat | .1330-1800 |
| Sun | Closed |
| Teens (ages 13-18) • Hickam Bldg. 1335B • 448-2296 | |
| Mon-Thu | .1400-2000 |
| Fri | .1400-2130 |
| Sat | .1330-2130 |
| Sun | Closed |
| School-Age Program • Hickam Bldg. 1335A, 448-4396 • | |
| Hickam Bldg. 1330, 448-1068 | |
| Mon, Tue, Thu, Fri | .0630-0800 |
| | .1400-1730 |
| Wed | .0630-0800 |
| | .1200-1730 |
| Sat, Sun | Closed |
| Youth Sports • 620 Main St. • 474-3501 | |
| Mon-Fri | .0900-1730 |
| Sat, Sun | Closed |
| Youth Fitness • Hickam Bldg. 1399 • 448-4492 | |
| Mon | .0845-1300 |
| | .1445-1830 |
| Tue | .0845-1300 |
| | .1445-1830 |
| Wed | .0845-1200 |
| | .1345-1830 |
| Thu, Fri | .0845-1200 |
| | .1445-1830 |
| Sat | .0845-1330 |
| Sun | Closed |

All information is subject to change. In the event of an out-of-service number, please call MWR Admin at 473-0787 or Hickam Information at 449-7110.





MAKE IT
MAUI!



Plan a neighbor island getaway and experience the thrill of whale watching in Maui. Humpback whales migrate yearly to the warm waters of the Hawaiian Islands. They come to breed and give birth in the warm, calm, safe waters. See these gentle giants and more during your stay on the Garden Isle.

Travel Connections will customize an air, room and vehicle package to fit your tastes. We offer economic, moderate and deluxe hotel properties. Let us help find the right choices for you, whether it's an overnight stay, weekend, or longer.

At the same time, book a whale watch tour at our activity desk and see these winter visitors before they return up north.

Stop by any of our locations and
LET US TAKE YOU THERE...



Travel Connections Pearl Harbor 808-422-0139
Mon - Fri: 10 a.m. - 5 p.m. | Sat: 9 a.m. - 1 p.m.

Travel Connections NEX Mall 808-422-4067
Mon - Fri: 9 a.m. - 5 p.m. | Sat: 9 a.m. - 1 p.m.

Travel Connections Kunia 808-655-3128
Mon - Fri: 10 a.m. - 5 p.m.

Travel Connections Hickam 808-423-0255
Mon - Fri: 9 a.m. - 5 p.m.